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## OTTAWA JEWISH

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# BULLETIN & REVIEW

## HAPPY CHANUKAH



Drawing courtesy of Education Resource Centre

*The accompanying poem  
was written by Sarah  
Waisvisz, a grade 6 student  
at Hillel Academy. For more  
poems and stories from our  
Hebrew school students  
please see pages 14, 15.*

### A Chanukah Prayer

Blessed be the candles  
That we will light today,  
Blessed be the fighters  
Who fought to get their way,  
Blessed be the people  
Either far or near,  
Blessed be the candles  
That we will light this year.

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## Vaad Report



Dr. Maureen Molot, President  
PRESIDENT, OTTAWA VAAD HATZ  
JEWISH COMMUNITY COUNCIL

**CHEVRA KADISHA:** There is an article in this issue of the *Bulletin* about a very important and special institution in our Community, the Chevra Kadisha (Burial Society). The appearance of the article at this time is particularly appropriate since the annual Chevra Kadisha fast, observed in Ottawa on the 15th day of Kislev, falls Thursday, December 10. Ottawa is one of the few communities in North America that has its own Chevra Kadisha, a group of extraordinarily dedicated men and women who perform on our behalf the mitzvah of preparation of the dead for burial. Yasher koach to Gabbai Rishon, Sam Petigorsky, and all of the members of the Chevra Kadisha for their continuing dedication to our community.

**UJA AT HILLEL LODGE:** A recent meeting of the UJA Campaign Cabinet took place at Hillel Lodge. The decision to hold the meeting at a beneficiary agency provided an opportunity for Lodge Executive Director Steven Schneiderman to talk to those present about Hillel Lodge and for campaign leadership to see first-hand one of the organizations which benefits from the dollars raised by the annual UJA campaign. The campaign is moving along nicely; however, it is imperative that the momentum continue so that canvassing will be completed as soon as possible. **WE CANNOT DO IT WITHOUT YOU!**

**UJA OUTREACH:** Another innovation of the 1993 UJA Campaign is the establishment of an outreach committee to develop strategies for connecting the large numbers of newcomers to the organized Jewish community. The committee, consisting of Linda Nadolny-Cogan, Ned Steinman, Victor Rabinovitch, Beverly Cogan-Gluzman, Ellen Fathi and Sheba Schmidt, organized its first outreach evening in November in Barrhaven and a second is planned for early in 1993 for the Centrepont and Craig Henry areas. We all know that our community is growing rapidly as individuals of all ages decide to relocate to Ottawa. It is important for our collective future that we bring as many people as possible under our community umbrella and that we introduce them both to the services available and to the need to sustain and support these services. If you know of newcomers to Ottawa who would like an invitation to one of these outreach evenings please call the UJA office.

**ARTS ALIVE:** We all owe Hannah and Paul Sibeth, who chaired this year's Arts Alive, the lay leadership and professional staff of the Jewish Community Centre a hearty yasher koach for putting together an outstanding series of programs. It was a wonderful feeling on Sunday morning to look around at the huge crowd in the gymnasium browsing through books and looking for Chanukah and other gifts at the various booths. I was thrilled to see how many organizations from our community participated with booths — the youth groups, the synagogues, the service clubs, the beneficiary agencies. The speakers, panels, and concerts were all terrific and, attracted large crowds. What was particularly impressive was the first-ever showing of the artistic talent of our community; the paintings, water colours, wall hangings, quilts, sculptures, and jewellery were extraordinary. Arts Alive '92 was a memorable event.

**SEPHARAD '92:** Sepharad '92 closed out a very successful year of events commemorating the 500th anniversary of the expulsion of the Jews from Spain with a lecture as part of Arts Alive and a gala dinner on Saturday night, December 5. Mr. Naim Guleryuz, vice-president of the Quincentennial Foundation of Istanbul, the organization that sponsored the very interesting exhibit of photos of Jewish life in Turkey, spoke to a large audience on "Turkish Jews and 1992". As a community we have been enormously enriched over the past year by the variety of programs organized by the Ottawa Committee Sepharad '92. Yasher koach to the large number of people who assisted with the events. I hope that all of you will continue your active participation in community life.

**RACIST MAIL AND ANTI-SEMITISM:** As many of you know a number of institutions in our community have recently received hate mail and neo-Nazi stickers were posted in the market area proximate to shops owned by community members. The offending materials were collected by the Vaad offices and passed on to the appropriate authorities in the Ottawa Police Department. Our best sense is that this literature is the work of an individual or a small group. It may be an instance of replication or copy catting, following the now all too frequent evidence of racism in Germany. We certainly will continue to be vigilant.

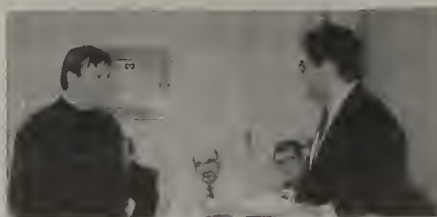
**CHANUKAH:** A frailach Chanukah to everyone!

## UJA Cabinet Visits Hillel Lodge

In an effort to concretize the work of the cabinet and the canvassers' of the United Jewish Appeal a special cabinet meeting was recently held at Hillel Lodge.

We do much to enhance our canvassers' knowledge of the work we do in Israel. However, nothing educates quite the way a trip to Israel does. Similarly, to understand the constant and growing needs of our local Jewish agencies, one must visit these institutions which are, after all, fuelled by the UJA-raised funds. Our cabinet and canvassers are now equipped to convey to the members of the community, the value of their contributions when they are asked to support the work of UJA.

The visit to Hillel was very much enjoyed by the members of the cabinet. Stephen Schneider-



Lawrence Soloway, 1993 UJA Campaign Chair, presents Steven Schneiderman, Executive Director of Hillel Lodge, with a gift for the Lodge residents to enjoy.

man, Executive Director of Hillel Lodge, presented a short, informative video on the work of the Lodge and its multifaceted approach to the care for the elderly.

Lawrence Soloway, 1993 UJA Campaign Chairman presented Hillel Lodge with two colourful lithographs by the Israeli artist, Bracha Brym-Lavee and a donation to Operation Exodus.

## Outreach Huge Success



Speakers and hosts of Outreach (left to right) Gordie Schmidt, Linda Nadolny-Cogan, Sheba Schmidt, Lawrence Soloway.

By Pauline Pankowski

Two years ago I was asked to host a "fun and games" evening for the residents of Barrhaven and surrounding areas. I remember opening my door to a couple who looked vaguely familiar. "Do you know that we are your neighbours from across the street?" the woman asked. I spent the next few days calling my friends and family sharing the news. There were actually other Jewish families living in Barrhaven!

My experience was repeated many times at the Outreach meeting held recently in Barrhaven. The most frequently asked question was "What street do you live on?" followed by "That means we are almost next

door neighbours." Participants of the evening seemed genuinely thrilled (just as I was two years ago) to find that there are Jewish people living all around them.

Reaching out to the Jewish families new to Ottawa, who have not had a chance to become acquainted with the workings of our community has always been a high priority of the United Jewish Appeal leadership. In the past years many outreach initiatives have been undertaken by the Women's Division of the UJA campaign. Meetings were organized in various areas which had a large number of newcomers. This year the General Campaign and Women's Division joined forces and planned a series of events which would include both hus-

bands and wives at a combined outreach event.

A committee was struck during an early spring planning and strategy session for the 1993 Campaign. The members of that committee included Linda Nadolny-Cogan, Victor Rabinovitch and Ned Steinman. The committee started to meet in early summer and was joined by Ellen Fathi, Beverly Cogan-Gluzman and Sheba Schmidt. Ray Goldstein, in her capacity of Women's Division co-chair, and Sam Firestone, in his capacity as Deputy chair augmented the committee.

Two areas of most rapid growth in terms of influx of Jewish families to the Ottawa area were identified as Barrhaven and Centrepont. The first meeting was planned for Barrhaven. Sheba and Gordie Schmidt offered their home and together with their co-hosts, other residents of that area: Pam and Sandy Allen, Margaret and David Delicate, Sandy and Michael Kronick, and Randi and Ian Sherman, organized a very successful evening, which combined a social get-together, and valuable information about our community which was shared with the guests. The speakers at the event were Linda Nadolny-Cogan, who in addition to fulfilling many campaign functions in our community is also a National Women's Division chair for the United Israel Appeal of Canada, and Lawrence Soloway, the 1993 Campaign Chair.

The initiative for organizing the outreach evening was enthusiastically received by the residents of Barrhaven, who not only got to know their neighbours, but also learned valuable information about the work of United Jewish Appeal in our community, on a national level and in Israel.

The Committee is busy planning future outreach events. Look for more information on the upcoming evening in Centrepont. Who knows, we might be able to introduce you to your neighbours!

Thanks to our SuperSunday babysitters who helped keep the little ones happy while their parents were on the phone:

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## Commentary

Myra Aronson

### A Latke by any other name is not a Latke

There are just some things that you shouldn't tamper with. In an effort to accommodate new-age dietary restrictions to old-world recipes, I set out to make a more oil-free, cholesterol reduced, salt minimized, starch eliminated latke. It worked. But what I concocted was just an ordinary everyday little pancake, not a real Chanukah latke.

To my mind, a latke is not just a basic food item. Instead it belongs in a special culinary category akin to comfort foods. The same designation is ascribed to chicken soup. Its soothing and curative powers are legendary.

What gives these foods that distinction is that the actual taste is but one measure of its worth. The critical difference, that which sets these foods apart, is that their very appearance immediately serves to evoke warm memories of happy occasions and special people.

It truly amazes me, how two people can take the same basic recipe, but have totally different results. That's because each cook adds a certain amount of "tam" that makes that recipe unique. In my family's case, my English-born Granny's version of latkes was the light and crispy variety served with applesauce. In contrast, my Russian-born Bubby's denser potato laden offerings were accompanied by sour cream. I adored both kinds.

The actual taste played only a small part in what I remember about these latkes. Rather it was overall familial experiences that were symbolized by that food, that have stayed with me.

No matter how sophisticated my palate has become as I've grown older or how adept I've become in the kitchen, it is only these old-time recipes that can evoke those wonderful times.

I realize I'm being hopelessly traditional even incurably sentimental. But that to me, is a large part of what the holidays are all about. So this year, I shall once again make my grandmothers' latkes and regale my children with the wonderful memories of my childhood and of theirs, that these foods evoke.

These were times of laughter and togetherness. I have flashbacks of my children's tiny, unsteady hands being guided by bigger experienced hands to light the Chanukah. I recall the excitement of receiving Chanukah gelt and the conjuring up of 500 ways to spend it. And there was always an array of presents carefully stacked neatly in a special place so as not to be confused with someone else's. In contrast, brightly coloured wrapping paper was strewn confetti-like all over the room.

It is important to incorporate these cherished times into our present celebrations. It is equally imperative to create new experiences with our own families. So as we stand in front of our own Chanukahs we will be awash in the warm glow of the moment and be linked irrevocably with memories of the past.



### Chanukah 1992/5753

First Candle  
Saturday evening, December 19  
after 5:12 p.m.  
Eighth Candle  
Saturday evening, December 26  
after 5:15 p.m.



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Ottawa Jewish Bulletin is an award-winner.

Dulcie Rosenfeld of Detroit, Chairman of the CJF Public Relations Awards Committee, congratulates Left to Right: Maureen Molot, President, Jewish Community Council, Pauline Pankowski, Campaign Director, Alyce Baker, Bulletin Business Manager and Gerry Koffman, Executive Director, on winning a 1992 Public Relations Award for "Best Newspapers (with Ads)" during the 61st Council of Jewish Federations General Assembly held recently in New York.



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## Canadian Jewish News Ends Free Mailing

TORONTO (JTA) — In another sign of the prolonged recession battering Jews here, the country's leading Jewish newspaper has decided to switch to paid subscription.

The move ends a longstanding practice of free mailing to donors to Toronto's United Jewish Appeal and the United Israel Appeal of Canada.

The cost-cutting measure at the Canadian Jewish News, which has a circulation of 48,491, stemmed from "rising costs and rising communal needs," according to a front-page announcement by CJN editor Patricia Rucker.

"By subscribing personally, you can put every dollar of your UJA or UIA contribution to work directly where it is needed."

Israel bonds pulled out of its subscriber subsidy with the newspaper last year.

Advertising revenues for the tabloid's Toronto and Montreal editions are down from the boom years of the 1980s. Subsidizing readers guaranteed advertisers a minimum circulation.

Ottawa was in the forefront of recognizing this new reality by going to a subscription format this past September. So far results have been most encouraging.

## 90 Years - And Growing Strong



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## View from the Pulpit

### The Perfect Gift

By Rabbi Arnold Fine

Agudath Israel Congregation



If this is December, it is the time of the buying binge. The operators of businesses are counting on it. The Jewish community will be part of this process, as we purchase gifts for Chanukah. I strongly recommend that we go beyond that.

Chanukah has a strong hold on Jews and upon our neighbors, who suggest it is the most important commemoration on our calendar. For some of us, it is just that! Why does it have such a grip upon us?

The saga of this holiday has great heroes, a popular uprising, military feats, miracles and a happy ending, at least in the short run. Its beautiful symbols effectively awaken all kinds of deeply held feelings and have been cleverly exploited by Jewish organizations. Perhaps that is behind the rabbinic contention that if all Jewish celebrations were eliminated, Chanukah along with Purim would remain.

The rabbis, however, played down the victories of the Maccabean army and instead focused upon the spiritual renewal, which followed the re-Judaization of Jerusalem. They drew our attention to the miracle of the oil, rather than only to the defeat of the Syrian Hellenists. They were more concerned in rebuilding the integrity of the people than in highlighting any specific personalities. We have functioned in that spirit over the centuries.

In the Tractate Shabbat, the question is asked "What is Chanukah?" One of the great rabbinic personalities of the 17th century, Rabbi M. Shapiro of Lublin, presented as an answer, the first two words of the Talmud, "The Rabbis teach" and he suggested that this is what the holiday is all about. "The power to stand in opposition to those who are determined to oppress us emanates from 'the Rabbi's teach', from the study of Torah and a traditional way of life. Perhaps that is the best gift we can give ourselves.

The New York Jewish Federation recently published the findings of one of its committees, which "discovered" that, along with all of the usual platitudes on how to strengthen Jewish life and identity on this continent, we must be more committed to learning and knowing the classics and more committed to observing mitzvot. What a profound addition to the ongoing agenda of worry about anti-semitism, Israel and the other concerns we all have. For the first time in decades, they state the obvious, what the seventeenth century sage urged. We maintain our integrity with knowledge, living and acting in response to Torah and Jewish tradition.

What we learned as children or teenagers must be amplified by lifelong study. Adult reading, adult classes are vital to our health as well as the various schools for youngsters, which we support and continually upgrade. As the Mishnah reminds us, ignorance does not lead to piety, but knowledge will do so. In this age of information, our vitality as Jews depends upon not just the ingestion of facts, but understanding them and living by them.

The word, Chanukah, is more than rededication of the Temple, but also a form of the word, education. To rededicate yourself, buy some books, read, become involved in some serious adult Jewish study. What is Chanukah? Studying the tradition! What a perfect gift for yourself and for those you love.

## Per Ahlmark: Anti-Semitism may change its face; never its aim

Per Ahlmark, former deputy prime minister of Sweden and a European human-rights activist, spoke to the fourth annual Raoul Wallenberg Forum on Human Rights at McGill University, Oct. 29.

The astonishing thing with anti-Semitism, though, is its flexibility. It cannot change its goal: to attack the Jews. But it can change its face, its strategy and part of its vocabulary.

This old/new anti-Semitism has again become a plague, also in western Europe, to which I refer most of my comments tonight. The breakthrough was the summer of 1982, after the Israeli invasion of Lebanon. That war did not, of course, create anti-Semitism, but released it. It gave the Jew-haters a feeling that now they could go public again, or launch their terror.

Bombs have been thrown at synagogues, Jewish schools and institutions. Jews and Jewish shops and restaurants have been attacked by extremists of different political colors. Again, Jewish cemeteries are being desecrated.

This has happened in many European cities, and here I refer to the so-called "old" democracies, meaning areas liberated in 1944 or 1945: Antwerp, Paris, Rome, Vienna, London, Copenhagen, Berlin, Munich, Marseilles, Brussels and several other places. They try to kill or frighten Jews just because they are Jews.

Not least scary today is, of course, the rightist mob violence in many parts of Germany: now about 2,000 attacks on immigrants have taken place, the ongoing destruction of Jewish graves - and the burning down of the museum on Nazi atrocities in Sachsenhausen. The chancellor of Germany did not even have time to prove the determination to resist the new Nazis of Germany by attending the manifestation later in that concentration camp.

Disturbing also has been the tendency in western Europe to judge attacks on Jews as part of an almost legitimate warfare against the state of Israel. When many people were killed or

wounded in Paris in the bombing of the synagogue in Rue Copernic, the then prime minister of France (Raymond Barre) especially complained that the bomb also killed "innocent Frenchmen" (not only Jews).

And when the Antwerp synagogue was attacked, a Belgian insurance company claimed that the damages were not to be covered as the incident was not a criminal act, but an "act of war".

So they start regarding Jews everywhere as soldiers: if you kill them, it might be deplorable, but not criminal, as there is a sort of "war" against Israel in the Middle East...

Sometimes anti-Zionists claim that they are not against Jews but "only" against the Jewish state. Suppose that someone said: "I am only against the existence of Great Britain, but I am not anti-British!" Or if somebody told me that, "I love Swedes, but Sweden should be abolished." No one would take such statements seriously. It is hard to love a people and hate their state...

"Let us remember," (Elie) Wiesel said once, "let us remember the heroes of Warsaw, the martyrs of Treblinka, the children of Auschwitz. They fought alone, they suffered alone, but they did not die alone, for something in all of us died with them."

What died with them? My answer is: what died was the creed that there are limits to human cruelty. Now we know: there are no limits. The Holocaust proved that evil ideology combined with total power could bring our societies to unimaginable atrocities.

Let me finally arrive at the denial of the Holocaust. It could be summed up in a question, which in itself is blasphemy: was Raoul Wallenberg just lying about what he saw, and the crimes he tried to stop? Were all the other witnesses to the genocide also lying, including those murderers who have confessed after the war? Are the tens of thousands of documents in German and other archives just

frauds, made by Jews in order to deceive the world? Are the remnants of the extermination camps only Potemkin villages? Are the hundreds of thousands of survivors a mass conspiracy? Are the great scholars just bluffing? Are the mass graves staged, and the pictures smart tricks, and the trials of war criminals show trials, and the gas chambers unfounded rumors and the disappearance of 6 million people a gigantic illusion?

Yes, just asking these questions is perverse. And yet, that is what a growing movement in a number of countries tries to make us believe...

But the most extreme form of the so-called "revisionism" are the outright deniers. They have nothing to do with serious academic research - they are neo-Nazis trying to destroy memory in order to remove that shield of protection for the Jews. There were no gas chambers, they say, the Holocaust is a Jewish invention in order to create compassion and guilt feelings in the West and squeeze money out of the Germans.

The denial of the Holocaust is nowadays an industry of lies. It can be found in most countries in the western world. Faurisson in France; Butz, Leuchter and the so-called Institute for Historical Review in the United States; David Irving in the United Kingdom; (Ernst) Zundel in Canada; Barnett in Australia; Felderer and Rami in Sweden; and so on and so forth.

There are now hundreds of books pretending that the Holocaust is a hoax. The denial of the Shoah is becoming the nucleus of the neo-Nazi propaganda. In the future, the survivors of the Holocaust, those who can convey the truth to new generations, will disappear while the deniers will most likely increase in numbers.

Again, the perversion is obvious. First the anti-Semites take Jewish lives; a few decades later, they take their deaths from them, too.

... Reprinted from the Montreal Gazette, November 28, 1992.

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## Unique in Canada

## Chevra Kadisha is Venerable Ottawa Institution

by Ressa Aaron

The Chevra Kadisha, literally translated as Holy/Sacred Society, is a highly regarded institution in Ottawa. Our city is unique in that it is the only community in Canada that has its own Burial Society reminiscent of the authentic shtetis of Eastern Europe. The old-world Ashkenazic flavor and ancient customs were transplanted directly to Canada's nation's capital via our Torah-true ancestors, who were steeped in the Jewish laws and rituals.

"If we had to establish a Chevra Kadisha from scratch today, as it exists right now, I doubt that we could do it," said Sam Petigorsky, President and Gabbai Rishon of the Chevra Kadisha for the past 13 years. "Even the older generation would probably not know how to go about it. The Ottawa Chevra Kadisha exists because of the pioneers, the observant generation that has already passed on."

If Ottawa's younger community-minded individuals do not start getting more involved and learning to carry on the precious legacy left to them by their ancestors, if they cannot learn to carry on the mantle of their forebears, then there is reason to sound the alarm and fear for the future of this holy Ottawa institution.

*"The Ottawa Chevra Kadisha exists because of the pioneers, the observant generation that has already passed on."*

The Chevra Kadisha is an organization consisting of men and women who voluntarily carry out the laws and rituals governing death and burial. Participation in a Chevra Kadisha is a hesed shel emet (a true act of kindness), since no reward can be expected. No member receives any remuneration whatsoever, as according to Jewish law no material benefit may accrue from the dead.

"Sure we get paid," says Petigorsky, "only not in money. It is a privilege to work here and we get paid in mitzvahs. There is great personal satisfaction in performing such a mitzvah. Involvement here is the essence of what it is to be a good Jew."

It seems to be an unfortunate truism that the modern generation is uncomfortable dealing with death. Whether it is due to an obsession with entertainment values or instant gratification, the subject of death is hardly glamorous and is largely ignored or parodied in modern society.

On the subject of death, Petigorsky muses philosophically: "As soon as we're born, we start dying. We can try to postpone it. We can be squeamish about death all we like. But it will come whether we like it or not!"

Troubled as we are by the very idea of our own mortality, young people often work hard trying to avoid its reminders, among which an actual dead person is certainly the most potent. The thought makes most people uncomfortable.



Exterior

The Adath Jeshurun Synagogue early 1920's, 375 King Edward Avenue, Ottawa, Canada. Photo: Topley.

That being the case, it is no wonder that among modern Jews, knowledge of and interest in the Chevra Kadisha has waned over the years. The time is ripe to change this state of affairs in our beloved community of Ottawa. Just what is it that we are trying to preserve? Just why did our great-great-grandmother keep a shroud in her closet, almost anticipating the moment of death, while today's young Jews may not even know what a shroud is for.

In the past it was incumbent upon every Jewish community to get a burial ground and a Chevra Kadisha once it was established in a city or town. In Ottawa, each synagogue had its own burial society until 1918, when all the Chevras amalgamated under one central roof.

In 1957, Ottawa's Chevra Kadisha purchased the funeral chapel at 375 King Edward Ave., where it operates to this day. Before 1957, the tahara, or purification, was performed at the home of the deceased or in a room provided by a local funeral home. Today, the funeral home takes care of picking up the body, transporting the deceased to the chapel and supplying the necessary hearses and cars. But the tahara in Ottawa is performed in the chapel, according to strict Orthodox halacha by fellow Jews and often long-time friends.

The chapel used to house the Adath Jeshurun Synagogue, one of the oldest shuls in Ottawa. Petigorsky says that plans are being made to restore and refurbish this Jewish historical landmark.

It is Ottawa's small size relative to the bigger Jewish communities such as Montreal and Toronto which accounts for why Ottawa is able to maintain its distinctive Chevra Kadisha, said Petigorsky.

There is a big difference, explains Petigorsky, between the large commercial Jewish funeral parlors in the big cities and a smaller, non-commercial one, such as Ottawa's Chevra

Kadisha.

"Here people are more personally involved with the deceased. It could happen that a volunteer is preparing the body of a friend, or her mother's friend. It is not unusual to see people cry as they prepare a body. They are acting in a more sympathetic, holy and Torah-true way, as opposed to the "Next Please" assembly-line type of set-up that inevitably grows up in the larger commercial houses."

In addition, the cost charged by the Ottawa Chevra Kadisha is a pittance in comparison to the fees demanded by large commercial funeral homes, said Petigorsky. In fact, the cost is a charitable donation, for which an income tax receipt is issued.

*"There is a big difference between large commercial Jewish funeral parlors...and a smaller non-commercial one."*

The Ottawa Chevra Kadisha consists of a president, four vice-presidents, a treasurer and a secretary. There are about fifteen men who run the organization. Both males and females perform the tahara. Men are allowed to attend only to men, and women attend to women exclusively.

There are about 30 females who meet once a month to sew shrouds by hand in veritable old-world style.

"Women really do double the work," said Petigorsky. "They not only do the tahara, they also sew and cut each shroud individually. It's quite a job. In the old days, people had their own shrouds prepared before their death sitting in their closets."

Not all members are active at all times, though once you become a member, you are theoretically a member for life. However, there is a problem every year in that too many older members head south at the same

time, leaving the Chevra Kadisha with a reduced staff.

The sanctity of life is one of the fundamental tenets of the Jewish faith. The Torah was given to Israel so that "you shall live" by the teachings. Although it cherishes life, the Jewish tradition has been realistic about death: "For dust you are and to dust shall you return." (Genesis: 3:19)

Traditional Jewish observances are concerned with maintaining the dignity of the deceased. Showing reverence for the departed while performing all the halachic rituals is paramount.

The met (dead) must be carefully washed and cleansed then dressed in white linen garments called takhririm and if it is a male, a tallit is draped around his shoulders. The simple white robes are to be worn by all Jews to emphasize the equality in death of rich and poor. Ostentatious clothing and fancy coffins are expressly prohibited by Jewish law. As Sam Petigorsky puts it: "Every Jew is treated the same. There's no preferential treatment. Death is the leveller."

Once the tahara procedure is completed, the dead is placed in the aron (coffin) and the cover is then placed on the aron. Jewish law strictly forbids reopening the aron for any reason. It is considered a dishonor for the met to be put on display in an open casket for passersby to gaze upon him while he is in a vulnerable and unprotected state.

From the moment that a person is dead and brought in to the chapel until the actual burial, the body is not left alone. Often shifts are arranged of shomerim (guards) who will sit by the body and perhaps recite chapters of the Psalms.

Burial must take place as soon as possible following death. It is forbidden to bury the dead on Sabbath or on the first day of any of the festivals.

Those in the presence of the deceased are forbidden to eat or drink or to perform any commandments, for this is considered to be "mocking the helpless," namely the dearly departed who can no longer carry out these functions.

The kohenin, based on their religious status, are not permitted

to defile themselves ritually by coming into contact with the dead or by being close to or under the same roof as a dead body. There are, however, seven close relatives who are exceptions for whom a kohen may be defiled: his father, mother, brother, unmarried sister, son, daughter and wife.

In Jewish law, cremation is forbidden as burial must take place in earth. Embalming is also forbidden as the blood of the deceased, since it is a part of him, must be buried along with him and not discarded. As well, autopsies are frowned upon. For the past several centuries, rabbinic rulings strongly prohibited post-mortem examinations as a desecration of the dead. Allowances are made, however, in cases of hereditary diseases, to safeguard the lives of surviving relations, and where required by the civil law of the land. In addition, flowers are not allowed at Jewish funerals.

*Showing reverence for the departed while performing all the halachic rules is paramount.*

As soon as possible after death, the following people should be notified: The Gabbai Rishon of the Chevra Kadisha and if he is not available then any of the other Gabbaim. He will advise you what to do with regard to calling an undertaker, etc. The rabbi of the synagogue concerned must also be notified.

It is curious to ponder about the olden days, when it was common practice for our great-great-grandparents to own their own shrouds. Were they really more prepared to meet their maker? It is no less curious to ponder about the modern Jew, some of whom have strayed from their traditional Jewish roots. Yet just like their ancestors, they still choose to be buried in the ancient Jewish manner: in a shroud and in a closed plain pine box.

For more information on how to become a member of the Ottawa Chevra Kadisha, please call Sam Petigorsky at 233-9053.



Interior

Interior of Adath Jeshurun Synagogue showing Bimah, Oren Hakodesh and portion of women's gallery. (The Ark is closed). Photography: Van's Studio, Ottawa, Ont. 1953. Courtesy: Cuv of Ottawa Archives and Jewish Historical Society.





## From Soup to Nuts

By Donna Karlin

Chanukah is just around the corner. It's time to prepare the latkes that are as much a part of the holiday as the candle lighting. I like to prepare mine ahead of time and freeze them. That way I can do them at my convenience. Freeze them in single layers on cookie sheets. After they're completely frozen, transfer them to plastic bags. When you need them, just place them in a single layer on foil lined cookie sheets and warm them at 400° for 10 minutes or until hot. Happy Chanukah!

### Favourite Potato Latkes

- |                            |                                  |
|----------------------------|----------------------------------|
| 2 1/2 lbs potatoes, peeled | 1/8 tsp pepper or to taste       |
| 1 large onion              | 3 eggs, lightly beaten           |
| 1 tsp salt to taste        | approximately 1/4 cup matzo meal |
|                            | OR 2-3 Tbsp flour                |
|                            | Vegetable oil for frying         |

Coarsely grate potatoes alternately with onion to keep potatoes from darkening. Squeeze excess moisture out through a sieve or colander. Mix in the eggs. Add salt and pepper and matzo meal or flour. Let rest for 5 minutes to let the liquid absorb. Add a little more flour or matzo meal if still too wet. Heat oil in skillet. Drop mixture by heaping spoonfuls into hot oil, flattening with back of spoon. Fry until golden on both sides. Drain well on paper towels or brown paper bags. Serve as soon as possible to keep crunchy texture. Serve plain or with apple sauce. Freezes well.

### Zucchini Potato Latkes

- |                  |                    |
|------------------|--------------------|
| 2 lbs zucchini   | 1 tsp oil          |
| 2 large potatoes | 3/4 cup matzo meal |
| 1 medium onion   | Salt and pepper    |
| 3 eggs           | Oil for frying     |

Grate zucchini. Place in colander and squeeze out liquid. Grate potatoes into same colander and squeeze out moisture. Grate onion and add. Mix well. Combine eggs, oil and matzo meal. Add vegetables. Season to taste with salt and pepper. Heat oil in skillet. Drop by spoonfuls into hot oil, flattening with back of spoon. Fry on both sides. Drain well on paper towels or brown paper bags. Serve immediately or freeze.



### Apple Latkes

- |                         |                                 |
|-------------------------|---------------------------------|
| 2 eggs                  | 1/2 cup sugar                   |
| 1 1/2 cups orange juice | 3 large apples, coarsely grated |
| 2 cups flour            | Vegetable oil for frying        |
| 1 tsp baking powder     | Icing Sugar                     |

Combine eggs and orange juice in large bowl. Combine flour, baking powder and sugar in another bowl. Add to egg mixture and mix well. Add apples. Mix well. Heat oil in skillet. Drop by spoonfuls into hot oil and fry on both sides until golden. Drain well on paper towels or brown paper bags. Sprinkle with icing sugar and serve.

### Eggplant Latkes

For those of you who want to try something different, try these: they're delicious!

- |                                |                        |
|--------------------------------|------------------------|
| 1 eggplant                     | Pepper to taste        |
| 2 eggs, beaten                 | 1 small onion, chopped |
| 2 Tbsp flour or more if needed | Oil for frying         |
| 1 tsp salt                     |                        |

Cut eggplant in half, pierce skin with fork and bake until tender. Chop well. Add eggs, flour, salt, pepper and onion. Mix well. Heat oil in skillet. Drop batter by spoonfuls, flattening with back of spoon. Fry on both sides until golden and crisp. Drain on paper towels or brown paper bags. Serve immediately.

\*Note: Don't try to reduce salt or oil or change the recipes to make them low fat or salt. You're better off eating fewer of the latkes than changing them, for then they wouldn't be latkes at all!



Chavart Chapter of O.R.T.  
Ottawa Region

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## Frank Augustyn Speaks to O.R.T.

By Eileen Bercovitch

Frank Augustyn, the celebrated ballet dancer was the guest speaker at the Chavart chapter of O.R.T.'s meeting on November 12 hosted by Eileen Bercovitch.

Mr. Augustyn, was formerly the principal dancer for the National Ballet as well as Karen Kain's partner for many years. He spoke of his very first introduction to ballet at the age of nine, separating from his parents while going out of town to study and his feelings when dancing his first major role.

During his career he has been a guest dancer for the Bolshoi Ballet, the Berlin Ballet, and the London Festival Ballet. He now operates the Ottawa Ballet in which he gives young new



Left to Right: Beverly Cogan - Gluzman, Guest speaker Frank Augustyn and Eileen Bercovitch.

dancers the opportunity to learn from his experience.

Mr. Augustyn spoke with much honesty and a gentleness that

reached everyone. He encouraged others to follow their dreams as he of course does not regret having followed his own.

The next meeting of the Chavart O.R.T. chapter will be held on January 12 at the home of Beatrice Phomin, 314 Lanark Ave at 7:30 pm. The speaker will be Eric Vernon whose topic will be anti-semitism. There will be a taped interview with a neo-nazi skin-head and a discussion to follow. This should be a very informative evening and all members are encouraged to attend.

The Chavart O.R.T. chapter will be gift wrapping at Carlingwood Shopping Centre between December 14 and 24. We will be located at the Courtesy booth across from Radio Shack. This fundraiser is being co-chaired by Beatrice Phomin and Shirlie Sieb who welcome everyone to bring their gifts to be wrapped and make this year a big success.

The Chavart O.R.T. Chapter of Ottawa extends warm wishes to everyone for a very happy Chanukah.

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## Lost Decades

# Woman Faces New World after 30 Year Coma

**Editor's Note:** You are about to read a remarkable story. In 1963, Anne Shapiro of Hamilton, Ontario was watching a television newscast of the Kennedy assassination when she suffered a massive stroke.

After being semi-comatose for almost 30 years, she miraculously recovered. The Bulletin has reprinted her story.

In addition her 20-year-old grandson, Adam Shapiro, a second-year Carleton University student, shares with us, his first reactions and subsequent feelings about this extraordinary event.

By Ron Laytner

**FALM BEACH, Fla.** — Anne Shapiro closed her eyes to shut out the horrific scenes as she watched President John F. Kennedy's assassination on TV. She didn't wake up for nearly 30 years.

Shapiro had suffered a massive stroke. She spent the next three decades in a coma.

Last month, she finally awoke, still believing it was 1963. She turned to her husband, Martin, and asked him to put on the I Love Lucy show. She was stunned when he said it had not been on TV for 20 years and Lucille Ball was dead.

"I thought he had gone mad," Shapiro said. "I shrieked when he eventually turned on the TV and the pictures were in color."

"But there was something more important on my mind. The day before Martin had thrown our son, Marshal, out of the house after he crashed the family car."

### She looked in a mirror and saw an 80-year-old stranger

"I said to Martin: 'You've got to bring Marshal home. It's a tough world for an 18-year-old to be on his own.' Then I noticed there was something strange about my husband. He looked like some old grandfater."

"He took my hand and said 'Anne, our son Marshal is 48 and married with two children of his own. It is 1992 - Oct. 14, 1992.'"

"Suddenly I realized that it wasn't a joke. I had missed 30 years."

Shapiro was 50 when she had the stroke. She ran a shop making and selling aprons in Hamilton, Ontario; Martin was a 51-year-old steel foundry worker.

The couple had two children: Marshal and daughter Marilyn, who was 25 and recently married. They were well off. Shapiro wore mink and had a rosy future.

When the real-life Mrs. Rip Van Winkle awoke, she was 80. She had missed her son's marriage, the birth of her children's children and the birth of her daughter's grandchildren. She had also missed the deaths of her sister and three of her brothers and those of her friends.

She had missed the Vietnam War and Watergate. She had missed the tearing down of the Berlin Wall and the collapse of the Soviet Union.

She had never heard of the Rolling Stones or seen an Arnold Schwarzenegger movie. She had never seen a Japanese car or heard of the sexual revolution.

But the biggest shock was to come - when she looked in a mirror.

"I was staring at a stranger," Shapiro said. "When I went to sleep I was a young 50-year-old. I was a darn good-looking woman."

"But in the mirror all I could see was an old, old woman with bags under her eyes, wrinkles and grey hair. Now I try to stay away from mirrors."

Anne Shapiro's journey into limbo began as she was watching film of the Kennedy assassination on television.

**"All my heroes — Olivier, President Kennedy, Sammy Davis — dead. Even young Elvis Presley."**

"She threw up her hands, gave a terrible cry and fell to the floor," her husband, Martin said.

She lapsed into unconsciousness, but eventually recovered enough to obey simple commands: "Stand up." "Hold my hand and walk."

Her husband took her to the finest medical centres, including the Mayo Clinic in Rochester, Minn., but to no avail.

"She was like a helpless child," he said. "She couldn't think or talk."

Because her eyes did not move, Shapiro had to bend her head down until it almost touched her plate to eat. Each day, her husband dressed and undressed her and lay beside her as she stared at the ceiling.

Each year her vision worsened. She had cataracts and underwent an operation. She had a hysterectomy. She began suffering many of the illnesses of the elderly.

Then Shapiro went into hospital for treatment for what seemed to be chest pains. She kept grabbing at her chest and seemed to have difficulty breathing. A few hours after she returned home the next day she woke up.

In the years she was in a coma, the Shapiros had left the Hamilton area; when Martin retired they spent most of their time in their winter home in Palm Beach, Fla.

There were sources of other changes for Shapiro to take in.

"I asked to speak to Rose, my sister whom I always called every night," she said. "Martin said she and her husband had been dead for years."

"I couldn't understand what was happening. When he put our boy Marshal on the telephone, I was very upset. I said: 'My son is a young fellow. I don't want to talk to you!'"

"At first I was afraid because I thought it was a trick. The phone didn't have any wires. A voice

Someone once said that your life can change before you with just the blink of an eye. For me it was a phone call, one which I never expected.

On October 15 of this year, I received a call from my grandfather which would change the way I looked at life. His words came across like a bullet shooting out of a gun. "She's talking, your grandmother is talking." These six words hit me very hard and instantly put me into shock. I was absolutely stunned, not sure of what I could possibly say in reply.

One thing which must be understood, is that this was probably the most exciting news my family could have received at this time in our lives. My father (Marshal Shapiro, of Dundas, Ont.) was stricken with cancer almost five years ago and since that time the outlook for our family's future has not seemed very bright. The emotional hardships which we have suffered together and at the same time seen him go through, all of a sudden seemed small in relation to the news which was now before us. That light at the end of the tunnel seemed to light up, shining brighter than could ever be expected.

My grandmother had suffered a major stroke back in 1963, which placed her into a

coma for almost the next thirty years of her life. During this time, she would miss out on many major and important events which had changed her family's life. There was the wedding of her son, the birth of her only grandson (Adam Jordan), the birth of my sister Lindsay Maria, my Bar Mitzvah in 1984, and all of the little things which have made our family's history so precious.

Despite her lack of knowledge about these past events, the important thing now, is that she has a future life with us, one in which we are most anxious to share with her.

I spoke with her on the telephone a few days after she came out of her coma and it was one of the most emotional and difficult conversations I have ever had. What do you say to a person whom you have known all of your life but with

whom you have never had a full conversation. It was always one sided. Despite the fact that I could not think of many topics to discuss with her, I reassured her that the family and close friends were all very happy about her recovery and that they all wish her the best in the years to come. I told her that I loved her very much and that I could not wait to speak with her face to face. She was very excited about meeting my sister and me and told me how much she regretted missing out on some of the most important parts of our lives.

This event has brought about a whole new meaning of life for me. I have seen that the impossible can become reality; the process just takes time to manifest itself. Despite my father's illness, just seeing the expression on his face when he found out about his mother, helped to put my concerns on hold. In addition, this event appears to have given him the encouragement needed to fight his way through his crisis. Just in this short period of time I have come to realize how precious life is, how important the people around you really are and how in life we must keep working hard and praying for those things which we most dearly would like to achieve.

Reprinted from the Montreal Gazette, November 29, 1992.

## Her grandson shares his Feelings

**"What do you say to a person you have known all your life but with whom you have never had a full conversation"**

whom you have never had a full conversation. It was always one sided. Despite the fact that I could not think of many topics to discuss with her, I reassured her that the family and close friends were all very happy about her recovery and that they all wish her the best in the years to come. I told her that I loved her very much and that I could not wait to speak with her face to face. She was very excited about meeting my sister and me and told me how much she regretted missing out on some of the most important parts of our lives.

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Reprinted from the Montreal Gazette, November 29, 1992.

was coming out of it and I thought it must be magic."

"I started to cry when Martin told me phones didn't have to have any wires any more. You could even have them in a car and in your pocket."

"I watched a rocket ship going up on television from here in Florida. I have been told people actually went up in them and landed on the moon a long time ago."

"I have also seen pictures of my four grandchildren and my five great grandchildren playing."

"All my heroes - Olivier, President Kennedy, Sammy Davis - dead. Even young Elvis Presley."

### "Nobody comes back from where Anne has been"

"Seeing my daughter as a 55-year-old grandmother when I had last seen her as a beautiful 25-year-old was hard to take. I still cannot believe any of this is real."

"When she first looked in the mirror she said she wanted to die," her husband said. "She holed up and then cried her heart out for all those lost years."

He called daughter Marilyn Pommerantz for help when his wife awoke. She flew from Toronto and they spent the next two days talking.

Martin said: "Anne was trying to make up for 30 years of silence. She was very confused."

"She kept talking about things that had happened decades ago. We both can hardly walk but she

wanted me to take her out dancing..."

"It was like a dead person coming to life."

Dr. Glenn Englander, who treated Shapiro the day she woke up, said: "I gave her something to lower her blood pressure. No one had told me she'd been semi-comatose."

"If I did something unknowingly to help her, I'd like to find out what it was so I can do it for other people. Her awakening must have started in the hospital because she distinctly told one of

the nurses that she had a terrible headache."

"Mrs. Shapiro is some sort of miracle. We don't understand why she is coming out of the effects of a brain hemorrhage that has been fully medically documented since it took place."

"When something bad happens to a person's brain, it's almost always permanent. Nobody comes back from where Anne has been."

Reprinted from the Montreal Gazette, November 29, 1992.



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## KID LIT

by Deanna Silverman

### Chanukah for Multicultural Sharing

Over the last five years there's been a boom in the publication of multicultural KidLit, including books with Jewish content. Many of the books are excellent. Some are dull. Others distort the Jewish experience in their eagerness to make a more universal point. The moral? Choose carefully.

Because Chanukah and Christmas often overlap in time and have a common tradition of gift-giving, some public schools and some Jews and non-Jews encourage a "sharing" of the two holidays as multicultural events. The following two Chanukah stories are excellent for that purpose.

Both books express universal truths and emphasize the commonality of human experiences while depicting the sustaining strength of Jewish religious and cultural traditions.

#### Elijah's Angel

*A Story for Chanukah and Christmas*

By Michael J. Rosen

Illustrated by Aminah Brenda Lynn Robinson

Harcourt Brace Jovanovich 1992  
Unpaged, Age 5 and up

#### All the Lights in the Night

By Arthur A. Levine

Illustrated by James E. Ransome

Tamworth Books 1991  
Unpaged, Ages 6-10

*Elijah's Angel* is a poignant first person story of the real-life friendship between two diametrically different people. Michael is nine years old and Jewish. Elijah is 84, African-American, a famous folk artist and very much a practicing, preaching Christian.

Yet "they shared time together the way Chanukah and Christmas shared the same day that year."

When Elijah gives Michael a newly carved angel as a Christmas present, Michael is consumed with worry and guilt. Is he bringing a "graven image" into a Jewish home? Is the gift a Christian infringement on Chanukah?



Illustration: Elijah's Angel — A Story for Chanukah and Christmas

What should Michael do? The answers do justice to both religions and cultures.

The book's illustrator also cherished a friendship with Elijah Pierce.

Her bold full-color paintings are based on her memories of his work environment and carvings. They are joyous expressions of his bold, primitive style.

Religiously orthodox Jews beware. This may not be a book for you. But to read as a shared multicultural experience, it rings true emotionally, intellectually and artistically.

*All the Lights in the Night* is also a fictional account of a real event. In a traditional sense, it too is not a pure Chanukah story. Rather it extends the spirit, miracle and messages of Chanukah to a practical application for two young boys, Moses and Benjamin, fleeing pogrom-ridden Russia in 1914.

Their journey to Palestine begins a couple of days before Chanukah. When younger brother Benjamin worries that they'll miss the holiday, Mama gives

them an old oil lamp with enough oil for one night. She instructs them to light it on the first night of Chanukah.

But Moses lights it each night of their dangerous trip. He uses the comfort of the Chanukah prayers and ritual, and the inspiration of the Chanukah story to alleviate their homesickness and fears. For them, as for the Macabees, the small amount of oil lasts and lasts and lasts.

As the last leg of their trip approaches, the boys are forced to give their precious lamp to the captain of the ship that will take them to Palestine. On deck that night "all the lights in the night" become, for them, an extension of their Chanukah lamp.

Written in an understated style, Levine's story is exciting, moving and realistic. Ransome's full-color illustrations accurately reveal the world of 1914 Russian Jewish migration and fully capture the story's many moods.

May the lights and spirit of Chanukah shine brightly in your homes and hearts!

## A Touch of Magic at Shaare Zedek

Jerusalem...Disney World employees must have a strong labour union. Every 30 minutes, according to regulations, the people who wear Mickey Mouse and other cartoon character costumes get time off so they can get some air.

This was one of the few revelations that surfaced during the recent "historic" visit to Israel of Mickey and Minnie Mouse, here to promote tours to California's Disneyland and Florida's Disney World.

Mickey and Minnie also brought a touch of magic to the sick children at Shaare Zedek Medical Center. They temporarily forgot their pain as, with wide smiles and a few tears, they greeted the dearly-loved characters whom they recognized from their story-books and television.

This was the first personal visit to Israel by the characters, whose "real" identity was kept a strict secret. Smuggling them into the hospital was conducted like a top security operation by the staff who accompanied them. "It would have been easier to get President Bush up here," marvelled one hospital staffer. The visit was by courtesy of Disney World's official airline, Delta, and Aeromart, a Tel Aviv tour operator.

Mickey and Minnie were first welcomed by all the children in the Pediatric Department with percussion instruments and Hebrew songs, under the direction of the music therapist. A big Mickey Mouse doll sat on a chair with the children, his bow tie emblazoned with the word "Welcome". Children from the Pediatric Day Hospital and Pediatric Neurology also came to meet the characters who mingled freely, autographed special Mickey Mouse hats - given with balloons - to all the young patients. Embraces and kisses were showered upon the children whose eyes were round with wonder and excitement.

As a special gesture, Mickey and Minnie then visited the Pediatric Dialysis wing where they showed great tenderness to the dialysed children hooked up to the equipment. There was laughter heard from children who rarely smiled, and the characters posed for photos with each of them. With their authentic costumes, they evoked great delight in adult and child alike who were all caught up in the magic.

It was a brief visit of less than an hour, but it provided Shaare Zedek's sick children with a memory to be cherished for a lifetime.



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## The Legend of the Latke

Among the joys of HANUKKAH:  
Bright with freilachkeit,  
A yontev filled with happy song,  
And the menorah's light -  
Excitement for the kinderlach,  
A dreidel, doll or bike,  
When one gets presents for eight days,  
What is not to like?  
With all of these delights there's one  
Surpassing all the rest...  
What is it that gives HANUKKAH  
Its gliklachkeit, its zest?

It is the LATKE, proud, supreme,  
Takeh, such a meichl,  
Not blintz nor kishke can compete  
For a gourmet's beichl.  
Prune tsimmes doesn't stand a chance,  
Forget gefulte fish,  
It leaves shmatitz herring far behind,  
Not one comes near this d'shl!  
Whenee came this tidbit so bataami,  
So crisp and so geshmooek?  
Its lowly origins may well  
Make one go into shock!

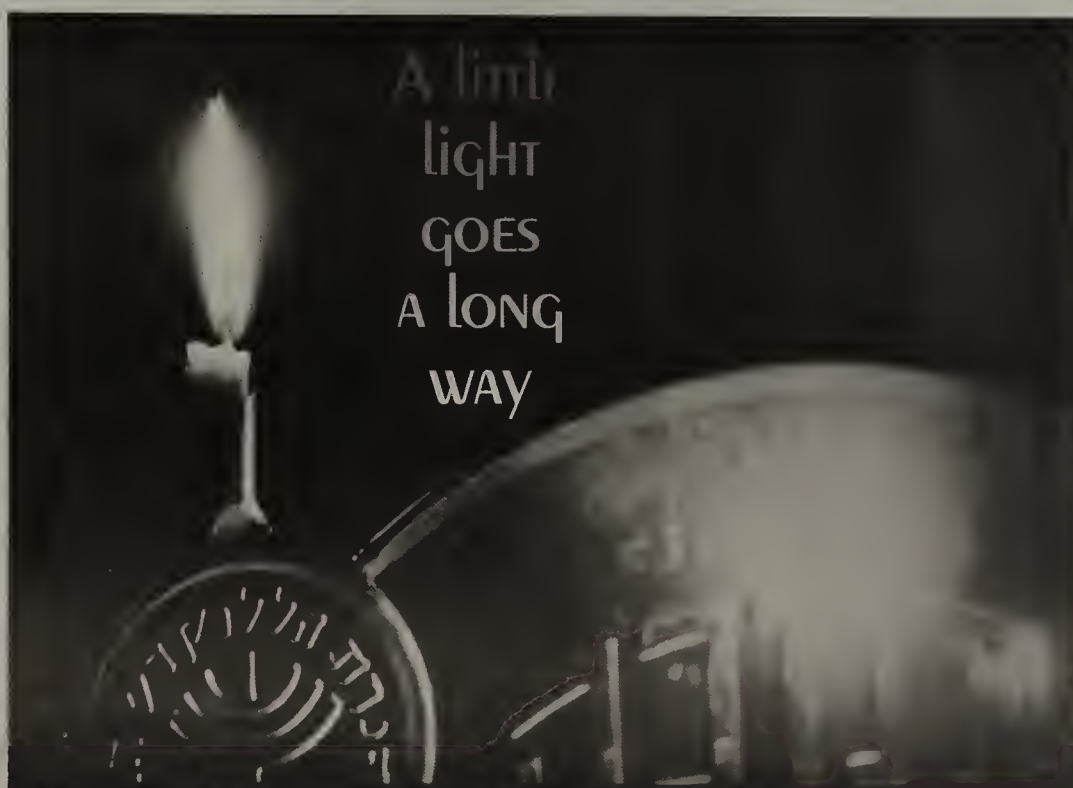
It's the potato - yes, it is!  
All shmatsik, eaked with mud,  
Our Yiddishe balabusta  
Now takes this lowly spud,  
She washes it and scrubs it clean  
And then she takes another,  
Until she has a great big pile,  
Is this a Jewish mother!

Before you can dref a dreidel  
She has them peeled and white,  
So many! Can we eat them all?  
Oh! Such a narishkeit!  
The latke maven takes each one,  
Greets it in a shissl,  
And when she adds the onion, cries  
For just a little bissl.  
The eggs now get a zets, a swish,  
Then mazoh meal and zalts,  
In the days before cholesterol!  
She would have used some shmatiz...  
But now it's oil poured in the pan  
And when it's sizzling hot,  
A liff of the mix is placed,  
"Nit shlecht" describes it not.

Behold emerging from the pan  
So crisp and aromatic,  
Each fresser views the miracle  
With appetite ecstatic...  
Come blow the bugle, sound the horn,  
THE LATKE NOW IS HERE!  
So ess gezunt, dear kinderlach,  
And there'll be more next year!

Thanks to Mrs Freda Radnoff for bringing this poem to our attention. Source: A Mazel Card by Miller.





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**Give generously. Give now.**

**Happy Chanukah.**

**Pat Flesher and Ray Goldstein  
Co-Chairs, Women's Division**

**Lawrence Soloway  
Chair, 1993 Campaign**

**Cabinet and Staff of UJA**



# Celebrate Christmas



City of Ottawa  
Ville d'Ottawa

INFORMATION

# Célébrez Noël



## Lasting Gift Ideas...

Surprise your friends and family with a gift pass for winter long fun—for skating or swimming. Delight them with a cross country ski lesson package or for the traveller, any one of our Senior Adult Bus Excursions. For details on these unique gift suggestions, call the Department of Recreation and Culture at 564-1234.

## A new idea

### 'WinterIndoor Playgrounds'?

During a hectic December, we offer parents a chance to create a special time with their children on weekend afternoons. Get out of the house and participate in structured activities or free play offered at the following Community Centres: Alexander, Canterbury, Foster Farm, Sandy Hill, McNabb or Overbrook.

## Celebrating Christmas at the Billings Estate

On Sunday, December 15th between 12:00 Noon and 4:00 p.m., join us for a performance by Christmas carollers, a Christmas ornament making workshop designed for the entire family, or an historic photograph and artifact quiz. The hardy can choose a snowshoe tour of the grounds. Hot chocolate and cider will be available. Admission is \$2. Call 564-1363 for details.

## On the Ice

All 10 City of Ottawa arenas have extended schedules for the Holidays. Call your local arena or 564-1181 for details.

## In the Pools

All 10 City of Ottawa pools have extended schedules for the Holidays. Call your local pool or 564-1023 for details.

## We're Moving to City Hall!

The offices of the Department of Recreation and Culture located at 11 Holland Avenue, 2nd Floor will be located at Ottawa City Hall as of December 7, 1992. Services normally offered at this location will be interrupted starting Thursday, December 3, 1992 at 5:00 p.m. and will resume on Monday, December 7, at 8:00 a.m. at:

Ottawa City Hall, Rideau Block  
111 Sussex Drive  
Ottawa, Ontario K1N 5A1

For further information, please call 564-1234.

## A City of Activity

The Recreation and Culture Winter Programmes will be featured in a special supplement published in the Ottawa Citizen on Monday, January 4, 1993. Don't miss it!

## Des cadeaux qui durent...

À Noël, étonnez vos amis ou votre famille en offrant des laissez-passer pour la natation et pour le patinage. Ou pourquoi pas une série de leçons de ski de fond et une excursion en autobus pour les aînés! Pour plus de détails, communiquez avec nous au Service des loisirs et de la culture en composant le 564-1234.

## Les terrains de jeu intérieur d'hiver

Pendant le mouvementé mois de décembre, quoi de mieux que de passer quelques moments du temps précieux de votre fin de semaine avec votre enfant. Sortez de la maison et prenez part à des activités structurées ou libres à l'un des centres communautaires suivants: Alexander, Canterbury, Foster Farm, Hintonburg, Côte-de-Sable, McNabb ou Overbrook.

## Célébrez Noël au Musée du Domaine Billings

Le dimanche 13 décembre de midi à 17 h, rassemblez-vous au Musée pour entonner vos cantiques préférés, fabriquer des décorations de Noël ou participer à un jeu-questionnaire à partir de photos et d'objets. Pour les plus vigoureux, il sera possible de faire le tour des terrains en raquettes! L'entrée coûtera 2 \$. Renseignements: 564-1363.

## Dans vos arénas

Les 10 arénas de la Ville d'Ottawa ont ajouté des séances de patinage libre à leur horaire pendant le congé des Fêtes. Communiquez avec l'aréna de votre quartier ou composez le 564-1181 pour plus de détails.

## Dans vos piscines

Les 10 piscines de la Ville d'Ottawa ont ajouté des séances de natation libre à leur horaire pendant le congé des Fêtes. Communiquez avec la piscine de votre quartier ou composez le 564-1023 pour plus de détails.

## Nous déménageons à l'hôtel de ville!

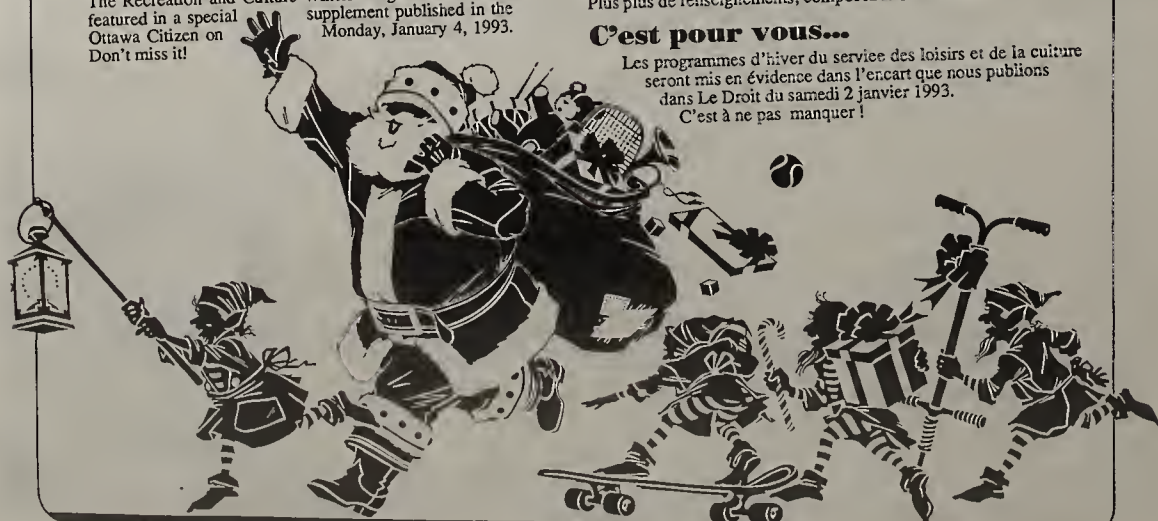
Les bureaux du Service des loisirs et de la culture situés au 11, avenue Holland, 2e étage se retrouveront à l'hôtel de ville d'Ottawa à compter du 7 décembre 1992. Les services normalement offerts par ces bureaux seront interrompus à partir du jeudi 3 décembre 1992 à 17 h et reprendront le lundi 7 décembre dès 8 h à l'adresse suivante:

Hôtel de ville d'Ottawa, Annexe Rideau  
111, promenade Sussex  
Ottawa (Ontario) K1N 5A1

Plus plus de renseignements, composez le 564-1234.

## C'est pour vous...

Les programmes d'hiver du service des loisirs et de la culture seront mis en évidence dans l'encart que nous publions dans Le Droit du samedi 2 janvier 1993. C'est à ne pas manquer!





## NEW OTTAWANS

### This is the third in a series of articles featuring newcomers to our community

By Alyce Baker

Imagine you had lived your whole life in Israel. In order to pursue a higher education you move to Winnipeg in January to attend graduate school at the University of Manitoba. Would you survive a Prairie winter? Neither did Mina Cohn! But though she returned to her native country, Mina was to embrace Canada again, eventually making Ottawa her home. The child of Holocaust survivors, Mina Cohn grew up in Nes-Ziona, one of Israel's first settlements. Established as a moshava in 1948, the development was a family-built venture.

*Mina and Harry are both children of survivors*

Cohn's parents had fled the Polish concentration camps but were interned in Cyprus and reached Israel only after the country was granted independence.

Mina reminisces fondly about her childhood. She was an

enthusiastic child, secure in her environment. She had a strong sense of belonging even though she had been openly exposed to her parents' horrendous experiences during the war. She often wonders how her mother and father could have the strength to pick up their lives after such horrible atrocities and go on to nurture their children, providing them with a "normal life."

As a youngster Mina became fascinated with archaeology. She remembers at ten years of age, listening with rapture to the week-end radio shows highlighting the current excavations of the newly discovered Masada ruins.

While continuing her education at the Hebrew University in Jerusalem, Mina met her future husband, Harry, a recent arrival from the United States. Also a descendant of survivors, Harry's grandfather escaped Germany in 1938 and had fled to Colombia, South America.

Harry's father was in the car business and consequently snatched his family with him around the world as he set up business. Harry came to eventually settle in the USA and his thirst for knowledge and keen interest in Israel brought him to

Hebrew University following the Six Day War.

The couple was married in Israel and Mina bore a son. In 1974 the Cohns made a career move to Winnipeg, so Harry could complete an engineering degree and Mina could continue her research in archaeology.

The culture shock of a contrasting country combined with a fierce climate, drove Mina back to Israel. But by March she returned to Canada, to Harry and her college exams.

*"Being Jewish in Israel is taken for granted. Here you have to make an effort."*

While living in Winnipeg, Mina taught Hebrew, gave birth to two daughters and made some wonderful friendships. She became active in ORT.

A terrific job opportunity became available to Harry in Ottawa and the Cohn family decided to head east. Mina came armed with the name of a local ORT member and a referral to



Mina and Harry Cohn

an established Jewish pediatrician.

When asked what differentiates the two cities, Cohn responds, "The Winnipeg Jewish community has more clearly defined neighbourhoods. In Ottawa, Jews are spread throughout the city."

Mina has taught at most of the city's Hebrew schools, as well as being assigned to External Affairs' language school where she prepares diplomats for their stints in Israel.

One of her proudest moments was when a former student, a

military attaché, was bestowed the Governor General's award for excellence. He credited his success in performing his duties during the height of the Intifada, with the outstanding training he received from Cohn.

Mina now works in the travel industry continuing her lifelong love of archaeology by organizing tours and digs. Her most exciting experience occurred in Akko when she helped unearth an ancient graveyard said to originate in the Bronze Age. (1600 B.C.)

Asked about being Jewish in the Diaspora as opposed to Israel, Cohn replies, "Being Jewish in Israel is taken for granted. It is the way of life. Here you have to make an effort."

Mina never experienced antisemitism in Israel. However, she recounts how in Ottawa her youngest daughter of nine discovered a swastika etched in the school play structure and was extremely disturbed by it. Mina confronted the public school principal with the information and found him to be less than eager to deal with the situation.

The Cohns return to Israel often. Even though they miss family, Canada is their home and they are proud citizens.

Mina doesn't like to criticize Israel's politics because she no longer lives there. On the other hand she says, "Jews in the Diaspora do a lot. Most Israelis don't realize what Jews outside do."

## The Perspective of a Native Ottawan

By Bonnie Carroll

My father, Louis Slack was a unique individual in many respects. He was proud to be a born and raised Ottawa native which was as much of a novelty then as it is now. But, not only did he originate from this city, he dispelled the myth that Ottawans are not a warm and welcoming group of individuals.

It was thanks to his sensitivity to the difficulties faced by newcomers that he welcomed them to our home, and as a result, our family became richer through these new friendships.

As Executive Secretary of Congregation Beth Shalom, my father had an opportunity to meet people new to the community when they enquired about shul membership. This most often occurred just days, or even hours before Rosh Hashanah. Inevitably, my father would call home to announce that he was bringing new friends home for Yom Tov. Somehow, my mother Stella Slack, had always prepared enough for dinner to accommodate as many people as my father could possibly invite, and then some.

He had an uncanny ability to form fast and meaningful rela-

tionships. He wouldn't simply announce that he was bringing someone home - it was always, "a wonderful young couple", "a most interesting woman", "a delightful and handsome young man". He was right. We did form friendships with such wonderful, interesting and delightful people.

The list of such individuals is quite exhaustive, but a few are unforgettable. My sister and I will never forget the first couple my father introduced us to in 1957, shortly after the shul opened. Sylvia and Joe Weinberg were posted here from the United States. There were many intriguing things about this couple. They were from Madison, Wisconsin, a place we had never heard of before and would probably never see. But, the greatest thing about them, from a child's perspective, was that they lived in a trailer in a park on Highway 16. What an adventure that was for our family - to be entertained in such an unconventional home!

Later, we became friends with another of my father's new acquaintances, again an American posted to Ottawa. This time it was a single woman, Jean, who was from California, but had travelled the world. Her posting prior to Ottawa was Malia and

she entertained us for hours with stories about this exotic location. She retired after her Ottawa stint and when my parents travelled to California, she welcomed them into her home.

David was "a delightful young man from England". We enjoyed his charming British ways, while he was provided with a home away from home at our place.

Ken and Pauline from New Jersey were newlyweds and lonely in a strange city - but not for long. My parents became their proxy parents and then "adopted" grandparents to their children. We gained immeasurably from knowing these wonderful people and their families.

Alyce Baker's article on Ottawa newcomers in the last issue of the Bulletin caused me to remember and reflect on my father's affinity to people new to our community.

My father left our family with an invaluable legacy that enriched our lives. Thanks to his example, I have also embraced people new to Ottawa and have been rewarded with the diversity of experiences and cultures that comes from making friends from other Canadian cities and parts of the world.

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# Chanukah: Lights, Rights and Responsibilities

Ian J. Kagedan  
B'nai Brith Canada

In the darkest season of the year we celebrate a festival of lights. What greater statement can there be of a confidence of our ability to overcome the forces which seek to confound us?

The story of Chanukah is a story of lights, rights and responsibilities. As young children we learned the story of the Maccabean victory over the Hellenistic forces who defiled the Jerusalem Temple, ordering the sacrificing of swine there. In addition, all sorts of strictures were imposed on Jewish life, among them, according to the Books of Maccabees, the end of circumcision.

One might understand a military occupier's interest in outlawing militias or the making of weapons, and likewise understand a political occupier's interest in demanding its language be used for all official communication and its currency being used for commercial transactions. But the only purpose in banning an ancient religious practice — circumcision — is to eliminate a powerful symbol of a society's distinctiveness, to break the spirit of a people in a permanent way, in effect, to do away with their peoplehood. So far as we can tell from our sources, the masses caved in, or were powerless to resist. It was left to a small band of kohanim, the Maccabees, to resist this ultimate threat.

## First Jewish Families Arrive in Canada from Sarajevo

TORONTO — Efforts which began last spring to bring Jews from the former Yugoslavia to Canada under community sponsorship resulted in the arrival of the first 15 of 63 Jewish families from Sarajevo at the end of November.

The movement to assist these individuals began last spring when Les Scheininger, then the president of Canadian Jewish Congress, received a request from the Federated Jewish Communities of Yugoslavia. At the time Jews were beginning to be evacuated by the Joint Distribution Committee to Belgrade and Zagreb. The request was then relayed to officials of Jewish Immigrant Aid Services (JIAS) Canada, which began investigating mechanisms for offering settlement assistance to this group. Both CJC and JIAS reported their efforts to the Immigration Planning Group of the National Budgeting Conference of Canadian Jewry last May.

JIAS Canada President Norman Mogil emphasizes that these families have been sponsored by his organization under the terms of its Master Agreement with the Federal Ministry of Employment and Immigration. "This effort," he states, "represents a fixed, but significant contribution by the Canadian Jewish community. JIAS Canada is pleased to have been a part of this outreach to the Jews of Sarajevo."

Director Susan Davis emphasizes that the response of the Canadian Jewish communities which have begun receiving the refugees has been wonderful. She notes that

## Rights include a number of fundamental freedoms

The Maccabean rebellion is perhaps the first rebellion ever mounted to affirm the principle of communal integrity and dignity. We call this minority rights. A minority community may be obliged to accommodate the majority society's norms in a number of ways, — in Jewish tradition we acknowledge that dinah demalechutah dinah, that the law of the land is the law — but its rights and the rights of its members to a distinct identity cannot be compromised. These rights include a number of fundamental freedoms including the freedom of conscience and religion.

It is apparent that establishing this principle was a key Maccabean objective when we consider that in the aftermath of the rebellion and the restoration of Jewish self-rule, the doors were opened wide to a profound and extensive cultural exchange between Jew and Greek which laid the ground work for the forms of Judaism and Christianity familiar to us today. There was no wholesale rejection of things Greek, rather, a rejection of oppressive and demeaning demands aimed at eliminating Jewish identity.

For all of this, Chanukah is

barely at all mentioned in the Mishnah, the great corpus of Jewish law edited in the second century CE, and likewise gets little attention in the Talmud. Where it does get attention, in Tractate Shabbat 21a of the Babylonian Talmud, the focus is on the miracle of the single cruse of still pure oil available for lighting the menorah in the Temple. The focus is not on the military and political victory. Even in the al hanisim which we recite three daily during the amidah it is the miracle of the oil that gets special attention. A natural question is, "Why not the military/political victory as well?"

On one level, the Maccabees as kohanim unify two sources of communal leadership, the saeral or religious, and the political, and ever since the days of Moses and Aaron these two offices were kept separate. Perhaps the Maccabean model was too Greek, too close for some later conveyors of the tradition to Plato's concept of the "philosopher-king." As well, after all, the Maccabean kingdom had fallen into corruption as the decades wore on. On another level, there was resistance to promoting the notion of rebellion. Jerusalem fell to the Romans in 70 CE in the course of a rebellion against the Roman occupiers, and some sixty years later the Bar Kochba rebellion failed, resulting in the imposition of the exceedingly harsh Hadrianic decrees. Rebellion came to be seen as potentially at too great a cost.

Through most of the ensuing years of Jewish experience the inner life of the community was developed as a principal response to outside threat. Resistance was uncommon. It was either not a realistic option or not even contemplated as an option. We learned how to turn victimization into a source of strength. Yet as a people we never forgot the model of the Maccabees. When Hitler rose to kill us all, that model was

available and was put to use. We recognize the operation of this model in the heroism and determination of the Warsaw Ghetto uprising, in the efforts of the partisans, in the efforts of the defenders of the Jewish community in pre-statehood Eretz Yisrael and since. As a wider community as well we have adopted and adapted the Maccabean model, in our advocacy for human rights for all people. The "sha, still!" approach which characterized Jewish advocacy has achieved at best occasional and ambiguous results. We know that a place that is not safe for Jews is not safe for any minority, indeed, ultimately, for anyone. If we are truly equal citizens, we should not have to seek favours. We dare not be embarrassed to advocate for our rights or for the rights of others. It is an obligation which belongs to each of us.

Holocaust deniers and old-style hate mongers alike seek to simultaneously undercut our self esteem and our will to stand up

for our rights as equal citizens, and to bring public suspicion upon us as conspirators in some sort of global cabal. The marginalization of our community is their goal. We assert our equality and affirm democracy when we demand action against hate mongering and other hate crimes. Events unfolding daily in Europe and even closer to home show the degree to which we as residents of democracies have neglected our responsibility to combat racism and bigotry in a final and decisive way.

Chanukah means rededication. Long ago we rededicated our Temple to the service of our God, who through His covenant with us taught us the full meaning of responsibility and required of us that we pursue justice. Today we must rededicate ourselves to expanding our knowledge of our heritage, taking pride in our traditions. We must rededicate ourselves as well to that same ancient quest for justice for all, challenging the darkness of our world with light.

## Co-operation Needed To Combat Anti-Semitism

Toronto...The rise of international anti-Semitism requires international cooperation among Jewish self-defense organizations.

Frank Dimant, community activist and Executive Vice-President of B'nai Brith Canada stated "that it is time for major international organizations to collaborate more effectively on documentation, auditing and tracking of neo-Nazis".

Neo-Nazis do not necessarily recognize geographic boundaries. Hate is exported from one country to another. Modern telecommunications, videos and computers are all instruments of the hate groups. It is in this context that Mr. Dimant announced that Dr. Karen Mock, National Director of the League for Human Rights has been invited to participate in a seminar for research specialists

engaged in the collection and analysis of anti-Semitic material. Canada is among 17 participating countries from Europe, North and South America, South Africa, Australia and Scandinavia.

"I am pleased and honoured to be the only representative from Canada at this important meeting," said Dr. Mock, who will report on the League's years of experience in dealing with anti-Semitic incidents, its annual audits, and the trends in the nine-year analysis of surveys of anti-Semitic attitudes in Canada.

The Seminar is being held under the auspices of the Project For the Research of Contemporary Anti-Semitism at the Tel Aviv University, Israel and is chaired by Yehuda Bauer, the renowned Israeli professor.

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# Centrefold

The News from the Jewish Community Centre of Ottawa

Volume 3/No. 41 • December 11, 1992 • Kislev-Tevet

## Something for everyone at Arts Alive '92

By Estelle Melzer

Arts Alive '92 brought the Ottawa Jewish community together to celebrate the many aspects of Jewish life.

This year the community was introduced to some of the fine Jewish visual artists working in Ottawa. The first exhibit of the JCC's newly-formed Jewish Artists' Guild had its official opening on Saturday night, November 28. "GENESIS: The Inaugural Exhibit of Fine Art and Fine Craft" displayed the work of 31 artists and craft people.

Many of these artists are well-known and drew their own coterie of knowledgeable fans to the exhibit. For the general public, the quality and diversity of the work displayed was a very positive surprise. The community can look forward to more events and workshops from the talented members of the Jewish Artists' Guild.

Sephardi culture was celebrated at a Sephardi buffet dinner on Saturday night, which also featured storytelling and the singing of piyutim (liturgical songs), and by various lectures on Sunday.

The Hy Hochberg Memorial Lecture by Yale Strom on the Sephardi communities in Europe created by the Spanish expulsion was a fascinating and erudite exploration of a seldom-presented topic. His photo exhibit, "Five Hundreds Years of Exodus," was on display throughout the festival, courtesy of the Ottawa Committee, Sephard '92.

The official opening of the Sephardi section of the JCC Library also took place, with Sam Mayost presenting a lecture on the music of Fez. The Ottawa Sephardi Association donated a number of new acquisitions to the collection.

A highlight of Sunday's activities was a fashion show of stunning kaftans presented by Le Bel Age of Montreal. Models ranged in age from seven to seventy plus, but all displayed the verve, pride and high spirits typical of Sephardi culture. The show ended with a display of dancing by some of the models which had audience members on their feet and cheering.

Globe and Mail columnist Dorothy Lipovenko's talk on "Judaism and Feminism" drew a standing room only crowd. Ms. Lipovenko explained the dilemmas she has faced as a feminist committed to Orthodox Judaism.

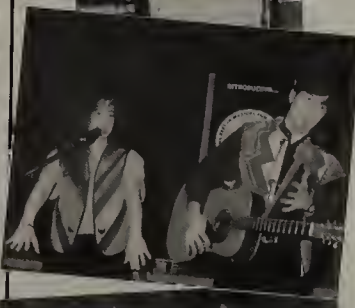
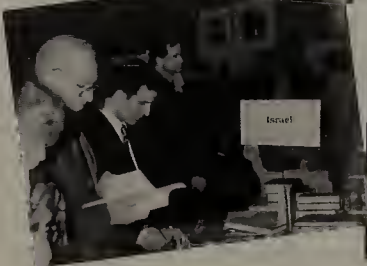
She lamented the fact that there is no central authority that can examine the role of women in Orthodox Judaism and modify it to conform with the rapidly-changing role of women in modern life. She urged that the various Orthodox rabbinic authorities form a committee to study this issue, and, however long it takes, come up with new interpretations of Jewish law which recognize the more equal status of women in today's world.

The impassioned audience response to her talk was an indication of how deeply women, from all branches of Judaism, feel about this topic.

Sunday concluded with a concert of "pop Chassidic" music by Martin Davidson and the Yachad Band. This lively band built up a tremendous audience response throughout the evening until young and old were all joining in singing and even dancing.

This year Arts Alive was extended to mid-week with a program of speakers on a wide variety of topics. Talks included a thoughtful panel discussion on the Jewish community reaction to the referendum vote; an analysis of Israeli politics and their impact on the Arab-Israeli conflict; a lecture on the long-standing harmonious relationship between Turks and Jews in Turkey; and a frightening description by author Warren Kinsella of his discovery of the "unholy alliances" of countries such as Libya, Syria, Iran and Iraq with anti-Semitic hate groups in Canada. The excellent attendance and audience response to these lectures indicates that there is a strong interest in Jewish issues in our community. Arts Alive concluded on a literary note with poetry readings by Seymour Mayne and Shel Krakofsky.

Arts Alive '92 Chairpersons Paul and Hannah Sibeth were very pleased with the response to their attempts to present "a wide variety of programs to appeal to a wide variety of audiences."





# Centrepiece



By Lawrence Greenspon  
President, Jewish Community Centre of Ottawa

## VAAD RETREAT... Project '96:

I had the pleasure of attending a part of the Vaad's Executive Retreat and came away with the magic words still delightfully ringing in my ears: "We're going to build a new J.C.C.!"

Now there are just a few details to be worked out like where and how soon and, oh yes... the financing.

## ARTS ALIVE:

Let the record show that on Sunday, November 29, 1992, the Jewish Community Centre kvelled with pride of activity, education, artistry and family spirit. It was the height of the five day Arts Alive program and what a program! Several thousand people participating in a community event which involves kids to seniors, the schools, and synagogues and all of the local Jewish agencies and services. At the risk of suffering the wrath of those who will say, "Why didn't you mention us?", I am going to single out two of the many outstanding parts of Arts Alive '92.

The Jewish Artists' Guild launched into existence with its inaugural exhibit appropriately called "Genesis". Don't be misled. These were no neophytes. Over 30 Jewish artists working in media including quilts, sculpture, oils, watercolours and photography assembled a collection of art which displayed their talents. Upon seeing the variety and quality of the pieces, many wondered aloud where these treasures had been hidden. To Avril Bright, and all the participating artists a *yasher koach*.

The Turkish Soiree, featuring Naim Guleryuz, co-sponsored by the Ottawa Committee, Sepharad '92, and the Turkish Canadian Cultural Association, was an educational and uplifting evening. Over 200 people attended the inspirational and historical lecture and film, which told of the centuries during which the Ottoman Empire and later Turkey, served as a haven for Jews persecuted and forced to leave other countries. This tradition of multicultural co-existence is truly a model to emulate. To Michel Tapiero and company, thank you for the enriching experience.

To Paul and Hannah Sibeth, Arts Alive co-chairpersons, Esther Schwan and all the other Board members who helped out, all the many, many volunteers, and, of course, our committed staff. *Hodiah rabah!*

## SWEET CHARITY... January 28 to 31, 1993:

It's not charity at all. In fact, it's one of the most solid investments we make in the future of our community. In JCC Theatreworks, teens become actively involved in a professional quality production by dancing, singing, acting, promoting and finally staging their group effort. They endlessly rehearse and sweat to get it right, and all they ask for is our support. Please - if you haven't already - become a patron or an angel, buy an ad in the program, and, at the least, don't miss the show!

## J.C.C. LEADERSHIP TRIP TO ISRAEL:

We are truly blessed by the participation and commitment of the members of the Board of Directors. With the intention of ensuring that these individuals continue their involvement and to encourage others to become involved in the JCC movement, we are organizing the first JCC Leadership Trip to Israel. This coming May, a short visit to London will be followed by an 11 day trip to Israel. We welcome JCC Board members, their families and anyone who is interested in the work of the JCC. For further details, please call either Ron Boro or me.

## RON BORO... 50 YEARS OF LIFE; 18 YEARS AT THE CENTRE:

Yes, sir! That cherub-faced man, married to Ginny, father of two children, who has finished 13 marathons, taught physical education and the value of sport to hundreds of Ottawa kids, conquered (almost all of) the rapids of the Des Moines River and been to Winnipeg and back has turned half a century old! For the last 18 years, Ron has been a fixture (you try and move him) at the Jewish Community Centre. As the Phys. Ed. Director, his warmth and ability to make people welcome and comfortable at the Centre were invaluable assets to the community.

Since becoming Executive Director, he has managed, through his personality, to attract and keep a dedicated staff under his direction, while at the same time, diplomatically work with a succession of presidents, executives, board members and volunteers, all the while developing one of the finest overall JCC programs in North America.

**HAPPY 50TH BIRTHDAY RON BORO!**

Centrefold is a monthly publication of the Ottawa Jewish Community Centre, 151 Chapel Street, Ottawa, K1N 7Y2.  
Tel. 613-238-1818

President-Lawrence Greenspon Executive Director-Ron Boro  
Editor-Estelle Melzer

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It's as easy as a phone call. Simply call the JCC at 238-1818 and use your MasterCard or VISA to purchase your seats for *Sweet Charity*.



A program of the Jewish Community Centre

## Israeli Film Festival to take place Feb. 7

by Diane Koven Poriah

The Jewish Community Centre is pleased to announce that Gaye Applebaum will once again be chairperson for its Israeli Film Festival. The 6th annual festival will follow last year's successful format of two films on a Sunday evening with refreshments at intermission.

Be sure to mark the date on your calendar now - Sunday, February 7, 1993 at the Museum of Nature, Metcalfe and McLeod. Our new corporate sponsors, Ginsburg, Gluzman, Fage & Levitz, join the JCC and continuing co-sponsors, the Israel Program Centre and Canada-

Israel Cultural Foundation as well as the Canadian Friends of the Hebrew University in bringing a very exciting program to Ottawa film buffs.

*Over the Ocean* is an Israeli comedy which was presented at the 1992 Festival of Festivals in Toronto to rave reviews and was hailed as "a film bubbling over with mirth and vitality". The second feature, *Sara*, a film by Orna Ben Dor-Niv, is the story of the first Jewish woman spy and underground activist, Sara Aharonson, who became torn between her tragic loves and the turbulent political events of her time.

Come to

## The Golden Age Club

Every Monday, the Golden Age Club meets at the Jewish Community Centre, 151 Chapel Street. We have hot luncheons, interesting programs and friendly members.

### UPCOMING EVENTS

January 4  
Mid-Winter Break

January 11  
Bingo Lunch  
Birthday Celebrations

Are you single, Jewish and looking for  
a fun way to spend the sixth day  
of Chanukah — December 25?



**Look no further...  
We're having a house party!**

Come at 1:00 p.m. and stay as long as you like —  
We'll light the menorah together.

Once again, we'll feature a smorgasbord of dairy delights. Admission to the party is a contribution to the buffet table.

R.S.V.P. ABSOLUTLEY ESSENTIAL

Call either Dave (228-9394) or Diane (238-1818) for further details before December 22.



A program of the Jewish Community Centre

## ADULTS FOR LIVELY LEISURE

A Luncheon Lecture Program  
at Agudath Israel Synagogue  
1400 Carleton Avenue  
at 12:30 p.m.

December 17  
Walter Handelman  
on "Reconstructionism"

January 21  
Cheryl Jaffe, curator of  
the Jacob M. Lowry Collection  
of Rare Hebrew & Judaica  
at the National Library of Canada



## ADULT DEPARTMENT

ד'ב'ג'ר'ס



The JCC proudly announces

### The Jewish Community Centre Institute of Continuing Jewish Education

*"It is a tree of life for those who grasp it"*

- For those interested in exploring their Jewishness we offer:
- mini-courses on a wide variety of subjects — Judaism, Israel, Jewish history and culture
  - the finest faculty in town
  - concluding reception at end of term
  - certificate of achievement for successful participants

Each course will consist of four one-hour sessions. Second term courses held in March.  
Cost: \$40.00 including GST Place: 881 Broadview

Corporate Sponsor: Ginsberg, Gluzman, Fage & Levitz.  
For further information call Diane Poriah at 238-1818.

## Courses

### HEBREW FOR BEGINNERS

Have you always wanted to learn Hebrew, but never had an opportunity? Now you can. This series of 8 weekly two-hour classes, jointly sponsored by the Israel Program Centre and the JCC, and in cooperation with Beth Shalom West Synagogue, will provide a good basic knowledge of conversational Hebrew.

Dates: Thursdays, January 14 - March 4  
Time: 7:00-8:30 p.m.  
Place: Beth Shalom West Synagogue, 15 Chartwell  
Instructor: Michael Strassberg  
Cost: \$60.00

### INTERMEDIATE CONVERSATIONAL HEBREW

For those who have a good basic knowledge, an intermediate course will be held. A series of 8 weekly two-hour classes will be jointly sponsored by the Israel Program Centre and the JCC in cooperation with Beth Shalom West Synagogue.

Dates: Thursdays, January 14 - March 4  
Time: 8:30-10:00 p.m.  
Place: Beth Shalom West Synagogue  
15 Chartwell Ave., Nepean  
Instructor: Michael Strassberg  
Cost: \$60.00

### YIDDISH FOR BEGINNERS

If 12 people enrol, we'll put together a class. So call your friends, call us and we'll call the teacher! To register your interest contact Diane Poriah at the JCC, 238-1818.



### SQUARE DANCING - LEVELS I & II

This course will teach you more of the basic steps and movements of square dancing — and promises that you will have a heap of fun learning. Square dancing is a terrific, low-impact aerobic workout for young and old. If you know your left foot from your right, you can learn to square dance. It's also a great way to socialize. Come as a pair (same sex is fine), a single or a "square" (four pairs).

This program is co-sponsored with Agudath Israel Sisterhood. A minimum of 24 people ESSENTIAL!

Dates: January 12 - March 8  
Time: Tuesdays, 7:00 - 8:00, Level I Beginners (Basic Moves)  
8:00 - 9:45 Level I & II together  
Place: Agudath Israel Synagogue, 1400 Coldrey  
Cost: \$58.00 a couple; \$30.00 a person  
Prerequisite: Level I Square Dancing or previous square dancing experience

## Special Interest Groups

### IN THE KNOW: A CURRENT EVENTS DISCUSSION GROUP

This group began in the fall of 1991, returned in the winter of 1992 and will be offered again by popular demand! Led by a qualified "expert", participants engage in lively discussion of current events.

Dates: Starting January 13  
Time: Alternate Wednesdays, 1:00 - 2:30 p.m.  
Place: Jewish Community Centre Library  
151 Chapel Street  
Cost: \$27.00  
Facilitator: Sharon Sholberg-Gray

For further information, call Diane Poriah at 238-1818.

### THE MAME LOSHEN CHEVRA

Ottawa's Yiddish Culture Group brings together people of all ages who want to enjoy the many pleasures of the Yiddish language — its humour, its literature and its music.

This revitalized group plans to hold regular programs throughout the year, featuring various aspects of Yiddish culture. Everyone is welcome.

Upcoming programs will be advertised in *Centrefold*. For more information please call JCC Librarian Estelle Backman at 238-1818.

### LOMER ALE ZINGEN

If you enjoy singing traditional Jewish songs and would like to learn new ones, then this group is for you. Participants get together monthly for friendly, haimisheh sing-a-longs. Everyone is welcome.

For more information please call Ida Trachtenberg at 951-2559 or Jackie Langsner at 237-0141.

### ISRAELI FOLKDANCE

Every Tuesday night beginning September 8 at 881 Broadview you'll find people of all ages leaping around the room to the spirited beat of both traditional and modern Israeli music. You do not need experience in Israeli folkdancing, or in any dancing for that matter. The evening will be divided as follows:

6:30-7:00 p.m. - teaching basic beginner steps  
7:00-8:45 p.m. - beginners' teaching and beginners/intermediate dancing  
8:45-10:15 p.m. - intermediate/advanced dancing  
Cost: \$1.00 per session

For further information, call Joanne at 225-6030



BRINGING JEWISH SINGLES TOGETHER

Network, for sophisticated Jewish singles, has a diversified program of activities including films, lectures, visits to museums and galleries, brunches, lunches, cocktail parties and more. Ideas and suggestions are always welcome. Get involved and help plan your own fun while meeting interesting people.

For more information, call Diane at the JCC at 238-1818.

### Connection 20/30

Connection 20/30 is a social group for young Jewish adults in their 20s and 30s - whether married, single or attached.

It offers quality programs geared to the sophisticated tastes of today's younger generation. For more information call Diane at 238-1818.

### CHUPA HELPER IS HERE

The JCC is proud to announce that it is now the Ottawa representative of the exciting, new, not-for-profit/do-it-yourself Jewish matchmaking program called Chupa Helper. This service will enable Jewish singles in our area and across North America to have direct access to resume data and to match themselves without the interference of a human matchmaker or electronic computer.

Sound intriguing? For complete details, contact Estelle Backman or Diane Poriah at the JCC, 238-1818.

## New... New... New... AND THE WINNER IS...?

An original full length musical to have its world premiere on the JCC Theatreworks Stage.

The show will audition January 11 and 12 at 7:00 p.m. Workshop and rehearsal will take place through the winter and the show will open in May, 1993.

A cast of twelve adults and ten kids aged approximately 10 to 13 is required. The show revolves around a kids' talent show and involves comedy and conflicts amongst kids, parents, judges, production staff and sponsors.

An open meeting will be held at the JCC, 151 Chapel Street on Sunday, January 10 at 7:30 p.m. Come and hear about the play, hear some of the music, meet the music and artistic directors and sign up for auditions.

Audition appointments can also be made starting now by calling the JCC at 238-1818

## AND THE WINNER IS... YOU!

PS. Don't forget to reserve your tickets now for the JCC Theatreworks Teen production of *Sweet Charity* running at Centrepoin Theatre, January 28 - 31. Some choice tickets are still available. Just phone the JCC office at 238-1818 with your credit card information to get your tickets now.



Jewish Artists' Guild

The Jewish Artists' Guild has nearly 40 members, most of whom exhibited their works at GENESIS, the inaugural show which was held during Arts Alive.

The Guild will provide a studio in which artists can meet, work and exchange ideas. Members will also give courses and workshops. Watch *Centrefold* for details.

Annual Dues: \$36.00 (JCC Membership required)

For more information please call Diane Poriah at 238-1818 or Chairperson Avril Bright at 729-9590

## THIS PURIM, READ THE MEGILLAH IN HEBREW

(OR LEARN TO READ SO YOU CAN HELP YOUR CHILDREN)

### CRASH COURSE IN READING HEBREW FIVE 1 1/2 HOUR WEEKLY CLASSES

MONDAY EVENINGS  
JANUARY 18 - FEBRUARY 15, 1993  
7:30 - 9:00 P.M.

### TO BE HELD IN ORLEANS!!

Sponsored by J.E.T. in conjunction with the JCC

To register call: Rabbi Shaps  
594-5658 or 521-4437;  
Diane Poriah 238-1818

FREE TO JCC MEMBERS!



## Senior Adults

### GOLDEN AGE CLUB

This long-running program meets weekly on Mondays in the JCC Assembly Hall at 12:30 p.m. for luncheons and 1:00 p.m. for meetings.

Programs include speakers, entertainment, trips, movies, and bingo. A major feature of this warm and friendly group is holiday, birthday and anniversary celebrations.

Everyone is welcome and will be made to feel right at home. Contact President Anne Taller, 236-3912, Treasurer Mary Goldberg, 235-5897 or Lottie Shainbaum, 235-4447, for membership information.

### ADULTS FOR LIVELY LEISURE

This revitalized West-end group meets monthly at Agudath Israel Synagogue, 1400 Coldrey, for lively lunch and learn programs with guest speakers. Topics range from current affairs to Jewish issues and are always followed by a question and answer session. If good company and stimulating discussion are your "cup of tea," you'll enjoy this group. New members are most welcome.

Programs take place on Thursdays at 12:30 p.m. Upcoming events are advertised in Centrefold.

A.L.L. is co-sponsored with Jewish Family Services.

It is coordinated by Minnie Milson and Bess Rosenberg.

The JCC welcomes you to

### THE DROP-IN DINER



Finally, a kosher eating place in the middle of the city, featuring our hearty, hot, homemade soup of the day, great food and a friendly atmosphere.

Open every Tuesday, 12:00 - 1:30 p.m.  
at the Jewish Community Centre,  
151 Chapel Street

Drop in • after noontime aerobics  
• before an afternoon of shopping  
• in the middle of a busy work day  
Cost: \$5.00

NEW... NEW... NEW...

Once a month the Drop-In Diner will feature an interesting speaker discussing a current topic

**Tuesday, January 12**

Topic: "What is Native Self-Government"  
Speaker: A representative of the Assembly of First Nations

*Everyone is Welcome!*

Call 238-1818 for more information.

### RHYTHMIC FITNESS WITH DOREEN KEIR



#### DURATION:

Session 1) Jan. 4 - Jan. 28, 1993  
Session 2) Feb. 1 - Feb. 28, 1993  
Session 3) Mar. 1 - April 1, 1993  
Break April 5 - April 16, 1993  
Session 4) April 19 - May 27, 1993

#### TIME:

Mondays to Thursdays: 9:30 - 10:15 a.m.

#### LOCATION:

Agudath Israel Synagogue  
1400 Coldrey Ave. (Youth Lounge)

#### COST: JCC MEMBERS

\* \$160.50 (GST Included) - 4 sessions  
\* Older Adults: \$80.25 (GST Included) - 4 sessions  
\* Single Session: \$50.00 (sessions 1 & 2)  
\$60.00 (sessions 3 & 4)  
\* \$4.00 - individual classes

\* HEALTH CLUB MEMBERS: FREE

Non JCC Members: add \$25.00

## FAMILY LIFE EDUCATION

### THE JCC WOMEN'S PROGRAM

"Breaking the Silence" was a four-part series of panel discussions held last spring to explore the "Role of Women in the Changing Jewish Family". This innovative program brought women together from three generations to share their experiences about poverty and economic dependency, addiction, family violence and abuse, and other related topics.

Initiated and organized by the Social Action Committee of the Ottawa Reconstructionist Havaara, "Breaking the Silence" gave expression to a number of women's unmet needs in the Jewish community. In response to these needs, the Centre is proud to present: **The JCC Women's Program.**

### GIVING VOICE TO EXPERIENCE A WOMEN'S SUPPORT GROUP

Women of all generations will come together on alternate Wednesday evenings to share their experiences, exchange coping techniques and resources, and offer each other support and encouragement.

Dates: Alternate Thursdays beginning  
January 14  
Time: 7:30 - 9:30 p.m.  
Cost: \$18.00 for the year  
Locations: 151 Chapel Street, Adult Lounge

### WORKSHOPS

Workshops will be offered throughout the year on topics such as assertiveness training, stress management, menopause, women's health and single parenting. Watch *Centrefold* for future details.

### THE WOMEN'S SECTION JCC Library

The JCC Library created a special Women's Section four years ago with a small collection of books on women's issues, Judaism and Feminism, and biographies about Jewish women.

The Sylvia Gold Fund was established by the Ottawa Reconstructionist Havaara's Social Action Committee to expand the women's section. Contributions may be made through the Jewish Community Centre.

### ON YOUR OWN

In cooperation with Bereaved Families of Ontario

For those who find themselves alone due to the death or long-term placement of their partner. Learn to cope, meet others in your situation, explore your concerns under the guidance of a professional counsellor.

Dates: Alternate Tuesday evenings, beginning  
January 19  
Time: 7:30 - 9:30 p.m.  
Place: 151 Chapel Street, Adult Lounge  
Cost: \$36.00 for 8 week session.

### PARTNERS OF TWO BACKGROUNDS

Partners of Two Backgrounds is a discussion and support group for couples in which one partner comes from a non-Jewish background, and may or may not have converted to Judaism. This group meets on the third Thursday of each month at 881 Broadview from 7:30 p.m. - 9:30 p.m.

Issues focused on by this group have included:

Family Reaction, Life Cycle Events, Community Attitudes, Holiday Celebrations, Raising Children, Cultural Differences, Family Identity, Expectations.

#### 1993 Calendar:

December 17	March 18
January 21	April 15
February 18	May 20
	June 17

Everyone is welcome. Please join us! For more information, please call Paula Speevak Sladowski at 238-1818.

### SECOND GENERATION - CHILDREN OF SURVIVORS

This group meets monthly and is made up of members of the second generation of Holocaust survivors and those interested in the Holocaust. The dual focus of this group is the study and discussion of Holocaust-related issues and the undertaking of activities of a commemorative or educational nature. New members are always welcome. For information about this group, please call Jewish Family Services at 235-0000.

## COMMUNITY OUTREACH

### PROJECT KESHER

Project Kesher is an outreach program for Jewish residents of non-Jewish nursing homes. It provides information to these residents about the Jewish community and presents Jewish holiday programs in their nursing homes. It serves as a vital link to the Jewish community for these sometimes isolated seniors.

### NEIGHBORHOOD OUTREACH

As the Ottawa Jewish Community has expanded into new neighborhoods, the Jewish Community Centre has followed. Today JCC programs are no longer confined to 151 Chapel. They take place all around the Ottawa-Carleton region.

### THE BARRHAVEN JEWISH COMMUNITY ASSOCIATION

This group services the growing Jewish community of Barrhaven and environs by presenting holiday and family programs throughout the year, in co-operation with the JCC and in response to community suggestions. It's a



great way to meet your Jewish neighbors in Barrhaven. For more information about the group please call Diane Poriah at the JCC, 238-1818.

### THE ORLEANS JEWISH COMMUNITY ASSOCIATION

(Serving Orleans, Blackburn Hamlet, Beacon Hill and points east of Blair Rd.)

This group gets together for Jewish holiday celebrations and picnics, providing a forum for people to meet their Jewish neighbors. For more information call Diane at the JCC, 238-1818.

### NEIGHBORHOOD PLAY GROUPS

The JCC can help you organize a play group with other Jewish families in your neighborhood. Four to six parents are matched up according to where they live and the ages of their children. Parents then take turns hosting the play group. The JCC will provide resource materials for Jewish content activities and Jewish celebrations in your play group.

Just call Rosa at the Jewish Community Child Development Unit, 722-5157, and leave your name, area, and the ages of your children.

### DO YOU LIVE IN KANATA?

Are you interested in getting together with other Jewish families in Kanata for picnics, Chanukah parties, Purim celebrations, films and lectures for adults?

The JCC can help you make it happen. Call Diane Poriah at 238-1818 to register your interest.





# Gettin' Physical



## SLAPSHOT

### JCC Men's Hockey League News

By Howard Yegendorf

I have always wondered why I inherited a column entitled "Slapshot" when slapshots are specifically outlawed in the Jewish Men's Hockey League. I think it is an indication of the rebellious, "in-your-face" image of this league. Well, the powers-that-be in the league have taken constructive steps to quell the combative nature of some league members. As in the National Hockey League, the 1992-93 JMHL season will see a new set of strict rules designed to make ours a kinder and gentler league.

The new and improved JMHL was conceived at Red Devil team captain John Dover's house during a September 10, 1992 meeting. In the annals of JMHL history, this meeting will take on the same significance as the Charlottetown Conference. League Commissioner Albert "Brian" Guite came to the meeting with a clear agenda to shake up the league and dissolve old team rivalries by means of a far-reaching player draft which would radically renew the league. Running Rebel Captain Fred "Lucien" Seller claimed that the Guite deal would further weaken his team, and demanded that the Rebels remain "maîtres chez nous". Mark "Preston" Kerzner insisted that the Running Rebels, made up of a majority of ex-Montrealers, would never become a distinct society within the JMHL. Well, Guite rolled the dice and in this case, won. After an at times "spirited" debate, a compromise formula was reached and the team captains voted YES to a renewed JMHL.

Jonathan Gibboa and Jeff Goldman have been the first players to be affected by the league's tough new guidelines. A hearty congratulations and welcome back goes to Jonathan, a true patriot, who recently returned from an extended tour of duty with the Israeli Defense Force. Jonathan, however, may be having some trouble climatizing himself back in Canada. Gibboa mistook the Brewer Arena for South Lebanon and John Dover for Abu Nidal during a game between the Running Rebels and the Red Devils. Jonathan received some unscheduled leave from General Guite. Goldman has also recently taken an unplanned furlough.

League play got off on the right foot with an exciting rematch of last year's championship series between the champion Running Rebels and the challenger Blue Sharks. Rookie defenceman Roger Greenberg scored the winning goal as the Rebels nipped the Sharks 3-2. (In keeping with the less aggressive image of this year's edition of the JMHL, no individual statistics are being kept, so reporting on goals this year will be limited.) After the game the Rebels returned to the scene of last year's notorious post-championship incident at McDonald's. Not only were the Rebels perfect gentlemen, but team role-model, Charles Schacknow, assisted the McDonald's staff in cleaning up the restaurant.

The Blue Sharks are truly the surprise of the new season. At the draft meeting, Dave Ross of the Sharks looked like Sam Pollock and made the rest of the teams look like the California Golden Seals. Yet for some reason the formidable-looking Sharks have not broken into the win column in their first five attempts and are dead last in the standings.

The hallmark of this year's league is increased parity. The talented Blue Sharks will definitely improve and get their share of victories. The Running Rebels will not run away and hide from the rest of the league as they did last year. The Rebels suffered an enormous loss with the sudden early season retirement of powerhouse defenceman Neil Brotman, possibly the best player in the league. After just five games last season's cellar-dwelling Wildcats are just one victory shy of their entire win tally for last year. The Red Devils (formerly known as the Golden Guffers), who appeared very strong going into last season's play-offs, may be ready to gel into a championship team this year. All in all a promising season is shaping up for the renewed JMHL.

A final note of congratulations goes to Red Devil Paul Bodnoff and his wife Lisa on the birth of their second child, Jenna.

## JEWISH MEN'S HOCKEY LEAGUE STANDINGS

Team	GP	WIN	LOSS	POINTS
Red Devils	6	5	1	10
Running Rebels	6	4	2	8
Wildcats	6	3	3	6
Blue Sharks	6	0	6	0

## Doctor's message: Our bodies made for movement

On November 16, the Jewish Community Centre sponsored a seminar by Dr. Matthew Barrigar, Doctor of Chiropractic, entitled "Mobility for Health: Mobility for Fun." Over forty people, including many members of the Golden Age Club, participated in the seminar.

Dr. Barrigar's message was simple and practical. Our bodies are made for movement. When we become sedentary, whether through laziness, injury or our perception of the aging process, our health deteriorates.

Dr. Barrigar stated that "after ten days of bed rest, 30-40% of bone density could be lost, which can significantly increase the risk of fractures." When the muscles are not exercised, they tend to lose strength and range of motion which will therefore lead to a loss of mobility.

### Exercise vital to health

Exercise is a vital component of health maintenance. Dr. Barrigar suggested that, in order to maintain mobility, one should select an enjoyable physical activity and practise it on a regular basis.

Dr. Barrigar also discussed the topic of arthritis. Since there are different types of arthritis, he suggested that afflicted individuals should ask their physicians three questions: What type of arthritis is it? What does this type of arthritis mean? What can I do and not do?

The role of medication was also discussed. Dr. Barrigar explained that medications are often used to cover up the symptoms instead of treat the underlying cause of an ailment. For example, if you take medication to help control the pain of a sore back, your soreness will not go away if the underlying cause is a poor mattress.

Dr. Barrigar also suggested that you notify both your family physician and pharmacist when a specialist gives you medication, especially when you are taking more than one medication. The combination of medications can sometimes have serious effects on your health.

Participants in this free seminar received a full measure of valuable health advice and information.

### Save the heart of someone you love!

The JCC offers CPR courses at the Centre in your home or at your place of work.

For information Call Albert at 238-1818



## In The Key

By Ace Phreethrowe

### The Good, The Bad and the "Interesting"

How about this idea? Maybe the Red team ought to try the Senators' trick of playing eight men at a time!

At the quarter mark in the JMBL season, all teams are fairly close in the standings. What's really interesting is that in the "top scorers" category, six out of the ten players are over thirty-four years old. Two are over forty!

The JMBL had this season's first "at-the buzzer" victory last week, as Rookie of the Year candidate Mike Johnson (a steal in the draft, by the way) hit a three-pointer to swipe a 64-62 win from the Purple team. Purple, however, put in another great team effort with Bill Holzman scoring 31 points and everyone else chipping in. Ever notice that Bill and John Horvitz are never there at the same time? Are they actually the same person? Now there's a thought...

The Red team, still searching for its very first win of the season, had a twelve point lead over White at the half. That's the good news. The game was a long one - an hour and thirty-five minutes - but the second half must have seemed like an eternity to the Red squad. White poured it on and outscored its opponent by 26 points to win 65-51. The Pleet brothers, Hekyll and Jekyll, combined for 37 points, and the rest of the scoring was spread throughout the White team, which had a couple of new faces on court. Jeff Polowin led Red with 20 points. Carey Stevens - remember him? - had nine. However, Red has got potential. Watch for newcomer Shami (last name as of now unknown) to light a fuse.

The third game was interesting as well. Green was up by twelve over Gold at the half, but Gold sucked it up and actually pulled ahead at one point. However, in the clutch Green came through and won 65-59. Mark Cantor got called for goaltending again. He has more hang time than Mussolini.

Murray Ages was lent to the Gold squad for this game, and fit in quite well. He and Mitch Palmer connected, but the Cantor-Feldberg tandem was stronger. They combined for 44 points. Henry Segal is hustling as well, and getting a feel for the league.

See you on the court!

## JEWISH MEN'S BASKETBALL LEAGUE REGULAR SEASON STANDINGS

As of November 19, 1992

Team	GP	WIN	LOSS	POINTS
Blue	6	5	1	16
Green	6	5	1	16
White	6	4	2	14
Gold	6	3	3	12
Purple	6	1	5	8
Red	6	0	6	6

### TOP SCORERS

PLAYER	TEAM	POINTS	GAMES	GAME AVG.
1. B. Holzman	Purple	110	4	27.5
2. J. Pickett	White	106	4	26.5
3. S. Poplaw	White	129	6	21.5
4. M. Cantor	Green	125	6	20.8
5. P. Medlicott	Gold	119	6	19.8
6. J. Polowin	Red	117	6	19.5
7. C. Beicherman	Blue	110	6	18.3
8. J. Levitan	Purple	100	6	16.7
9. D. Feldberg	Green	96	6	16
10. M. Johnson	Blue	78	5	15.6

## West End Co-ed Low Impact Fitness

The JCC brings fitness to your neighbourhood. Grab your friend, your spouse, your neighbour and join us for a friendly, effective fitness session. Classes are taught by nationally certified fitness instructors.

Date: January 4 - March 11, 1993

Time: Mondays, 8:00 - 8:45 p.m. at Knoxdale Public School gym (170 Greenbank) and Thursdays, 7:45 - 8:30 p.m. at Pope John XXIII School (165 Knoxdale Road)

Cost: \$60 per person; \$110 per couple (GST included) Minimum of 12 people needed.

For more information contact Albert at 238-1818, ext. 253.



**The Jewish Community Centre and  
Machzidei Hadas are launching  
the 1993 year of  
Sundays Are For Kids**

Join us  
for a  
**Space Adventure**  
Who: All Kids ages  
4-10 years  
When: January 17  
1:30-3:30 p.m.  
Where: Machzidei Hadas  
2310 Virginia Dr.  
Cost: Only \$1.00 per child  
We're sure to  
have a blast  
playing games  
and doing crafts  
To register, please call  
GALE AT 722-9235



**Blast Off!**

**BIRTHDAY PARTIES AT THE JCC**

All it takes is a phone call!

You pick the theme (Batman, Dinosaurs, Sports - the possibilities are endless) and we'll do the rest...


**Includes:**

- Room • Staff • Set-up • Clean-up • Decorations
- Paper Goods • Birthday Cake • Juice • Loot Bag • Gym Games and • your choice of Crafts or Cooking
- Personalized Birthday Banner to take home.

**Times:** Sundays (2 hours)  
**Place:** 881 Broadview  
**Cost:** \$190.00 (for 20 children)  
\$3.00 each additional child

Call GALE at 722-9235 to plan your party. Book early to avoid disappointment!

**NEW... NEW  
Winterwonderful...  
NEW... NEW**



**A Theatre Arts/Sports  
Camp Combo**

This winter break, youngsters can express themselves and discover their talents in our drama workshops and run off steam and develop their skills in a variety of sports activities. An offshoot of our popular summer specialty camps, this will be an opportunity to try out these programs.

**Directors:** Dina Migoel, Theatre Arts; Jon Braun, Sports.

Grades 2-5

**Workshops Include:**

- Improv Games • Advertising
- Graphic Design • Video Productions

**Sports Include:**

- Archery • Trampoline • Badminton
- Racquetball • Football • Basketball
- Soccer • Floor Hockey

**Dates:** December 21, 22, 23, 28, 29, 30, 1992  
**Time:** 8:45 a.m. - 3:45 p.m.  
**Place:** JCC, 151 Chapel Street  
**Cost:** \$180.00

For more information, please call Jon Braun at the JCC, 238-1818.

## JUNIOR DEPARTMENT

### After School Activities at 881 Broadview

#### THE AFTER SCHOOL CENTRE

When the school day has ended, your child can unwind in a safe and friendly setting, have a kosher snack, play some games, and get started on homework. Special days will include arts and crafts, gym games and videos. This service will run four days per week, Monday to Thursday, for the entire school year. Use it on a daily basis or just when you need it. To register call GALE at 722-9235.

**Date:** Monday to Thursday  
**Time:** 3:45-6:00 p.m.  
**Ages:** 3 years and older  
**Cost:** \$6.50/day per child or  
\$11.00/day family rate

#### CO-ED BEAVERS

**Date:** Wednesdays  
**Time:** 6:30-7:30 p.m.  
**Place:** 881 Broadview, Gym  
**Ages:** 5 - 7 1/2 years  
**Cost:** \$58.00 (Oct. '92 - June '93)  
Weekly dues \$ .25

**Leaders:** Allan Kagedan, Gail Neave & Walter Fogel

#### CO-ED WOLF CUBS

**Date:** Mondays  
**Time:** 6:30 - 8:00 p.m.  
**Place:** 881 Broadview, Gym  
**Ages:** 7 1/2 - 10 years  
**Cost:** \$58.00 (Sept. '92 - June '93)  
Weekly dues \$1.00

**Leaders:** Howie Osterer, Janis Silver, Michael Walsh, Maurice Klein, Dan Blum, Paul Finn, Jack Shinder, David Wolinsky, Lee Shapiro

#### CO-ED SCOUTS ... NEW... NEW... NEW

**Date:** Wednesdays  
**Time:** 7:30 - 9:00 p.m.  
**Place:** 881 Broadview  
**Ages:** 10 1/2 - 14 years  
**Cost:** \$58.00 (Sept. '92 - June '93)

**Leaders:** Howie Osterer, Laurie Pascoe, Tom Caplan, Mitch Miller

### After Pre-School at 881 Broadview

#### For Children 3 - 5 years old

##### GARINIM

Preschoolers have the opportunity to extend their nursery/junior kindergarten day in a semi-structured setting. Activities include arts and crafts, songs, storytelling, games and indoor and outdoor free play. Socializing with peers makes each day special at Garinim! This program runs the entire school year.

**Date:** Monday to Friday  
**Time:** Monday to Thursday, 12:00-3:45 p.m.  
Fridays, 11:30 a.m.-2:30 p.m. (January) changing to 11:30 a.m.-3:00 p.m. (February) to accommodate the start of Shabbat  
**Cost:** \$495.00 (10 weeks)

**Instructors:** Gale Greenberg, Gail Lief

##### WEIRD SCIENCE

To a young child the world around him or her is filled with wonders to discover. This program is for the inquisitive child who is always asking "why". Children will participate in some wild and wonderful experiments, with hands-on activities that promote learning and foster the desire to discover.

**Date:** Thursdays, starting January 7  
**Time:** 12:15-1:45 & 2:00-3:30 p.m.  
**Cost:** \$106.00 (12 classes) plus  
\$44.00 with Garinim

**Instructor:** Claire Salmon

##### ADVENTURES IN STORYLAND

Each week a new story will provide the theme for excitement, thrills and drama. Crafts and games will add to the fun. Every child will also create his own storybook.

**Date:** Wednesdays, starting January 6  
**Time:** 12:15 - 1:45 p.m.  
**Cost:** \$106.00 (12 classes) plus  
\$44.00 with Garinim

**Instructor:** Claire Salmon

##### KITCHEN KINDER

An introduction to food preparation, using simple recipes, and emphasizing measuring and counting. Children will have fun creating simple kosher concoctions in this hands-on program and will develop kitchen confidence.

**Date:** Tuesdays, starting January 5  
**Time:** 12:15-1:45 p.m. & 2:00-3:30 p.m.  
**Cost:** \$118.00 (12 classes) plus  
\$44.39 with Garinim

**Instructor:** Claire Salmon

##### CRAFTY KIDS

A fun-filled arts and crafts program that's sure to get those little hands messy.

**Date:** Fridays, starting January 8  
**Time:** 12:15-1:15 p.m. & 1:15-2:15 p.m.  
**Cost:** \$84.00 (12 classes) plus  
\$44.00 with Garinim

**Instructor:** Claire Salmon

##### MINI-MAESTROS

The focus is on music—from the sublime to the ridiculous. Children will explore the sounds and enjoy the feelings the music stirs in them. They will conduct a symphony of silly sounds, paint to music and make their own musical instruments. A great introduction to music appreciation.

**Date:** Mondays, starting January 4  
**Time:** 12:15-1:15 p.m. & 1:15-2:15 p.m.  
**Cost:** \$84.00 (12 classes) plus  
\$44.00 with Garinim

**Instructor:** Claire Salmon

**CHILDREN PARTICIPATING IN AFTER PRE-SCHOOL PROGRAMS MAY COME TO GARINIM ON THE DAY OF THEIR PROGRAM. CHILDREN WILL BE ESCORTED TO THEIR PROGRAM WHEN IT BEGINS. A SNACK WILL BE SERVED.**  
**COST:** \$44.00

### Centre-ific Sundays

#### SUNDAYS ARE FOR KIDS

Monthly fun-time programs at Machzidei Hadas Synagogue, 2310 Virginia Drive, for kids aged 4-10 years.  
**Time:** 1:30-3:30 p.m.

**January 17, 1993 - Space Crafts & Activities**

**Cost:** \$1.00

**February 29, 1993 - Purim Crafts**

**Cost:** \$1.00

**April 25, 1993 - T-Shirt Painting with Shelly Amos**

Please bring your own T-Shirt  
**Cost:** \$1.00

**TO REGISTER CALL GALE AT 722-9235**

**THE JCC ALSO PROVIDES PROGRAMS DURING R.O. DAYS AND MARCH BREAK.**  
Call GALE at 722-9235 for more information.



*The Jewish Community Centre*

### CHILD DEVELOPMENT UNIT DAY CARE PROGRAM

#### WE OFFER:

- a fully licensed day care with qualified staff
- beautiful new facility and equipment
- hot, nutritious lunch and two snacks
- competitive fees
- warm, caring atmosphere
- stimulating environment

**PART-TIME and FULL-TIME**  
subsidized spaces available!  
831 Broadview (Carling and Broadview)  
For more information call: 722-5157

**REGISTER NOW! Spaces are limited**



# JCC DOWNHILL SKI PROGRAM

IN CO-OPERATION WITH **Edelweiss**

SUNDAYS, JANUARY 17-MARCH 7

- Features:
- Eight 1-1/2 hour lessons (all day instruction optional)
  - Bus service and ski rentals available (no daily riders permitted on buses)
  - Bus pick-up at: 881 Broadview; JCC, 151 Chapel;  
Pick-up times: 8:00 a.m. Broadview & 8:30 a.m. Chapel;  
Drop-off times: 4:30 p.m. Broadview & 4:15 p.m. Chapel.



Program No.	Program (Prices include GST)	Lessons & Lifts	Bus	Rentals
1	Pee Wee Lessons (age 4-6) 1/2 Day — 10:00 a.m.-12:00 p.m.	\$100	Parents provide	\$110
2	Junior 1/2 Day Lessons* (age 7-12)	\$165	\$60	\$110
3	Teen 1/2 Day Lessons* (age 13-17)	\$200	\$60	\$110
4	All-Day Instruction (age 7-15)**	\$210	\$60	\$110
5	Lifts Only (age 7-12)	\$105	\$60	\$110
6	Lifts Only (age 13-Adult)	\$165	\$60	\$110

\* Morning Classes. Afternoon free ski.

\*\* Classes 10:00-12:00 a.m. and 1:00-3:00 p.m. Lunchtime supervision.

Maximum of 120 spaces only available in lessons! Don't be disappointed.  
Register now!

Responsible bus and lunchtime supervision

## REGISTRATION

You **MUST** be a JCC Member to participate in the JCC Ski Program.

1. By mail, please use form provided below. Payment must be included. Cheques should be made out to: JCC Ski Program, 151 Chapel St., Ottawa, Ont. K1N 7Y2.
2. In person, at the JCC Program Office, 151 Chapel Street.
3. Deadline for Ski Program registration, December 31, 1992.
4. Rental measurements will be done on Monday, January 11, 1993, 7:00 p.m. at 881 Broadview Avenue, (Chapel). All skiers who need rentals should be present to ensure proper fit of boots and skis!

## NOTES:

Phone-in registration will NOT be accepted. The JCC reserves the right to limit registration based on programs or transportation restrictions. Ski tags and group information will be mailed to you in early January.

## REFUND POLICY:

100% less \$10.00 administrative fee if notice of withdrawal received before January 5. No refunds after January 5 except for medical reasons.



## JCC SKI PROGRAM '92 REGISTRATION FORM

Parents' Names \_\_\_\_\_ Phone # \_\_\_\_\_ (h) \_\_\_\_\_ (o)

Address \_\_\_\_\_ Postal Code \_\_\_\_\_

Emergency Name \_\_\_\_\_ Phone # \_\_\_\_\_

Bus Pick-Up: Chapel \_\_\_\_\_ Broadview \_\_\_\_\_

Skiers' Names \_\_\_\_\_ Age \_\_\_\_\_ Program # \_\_\_\_\_ Level\* \_\_\_\_\_ Pee \_\_\_\_\_

Per Rentals \_\_\_\_\_

Ht. \_\_\_\_\_ Wt. \_\_\_\_\_ Boot Size \_\_\_\_\_ Fee \_\_\_\_\_

If not already a JCC Member please enclose Universal Membership Fee.

Total Amount Enclosed \_\_\_\_\_

\*Level: 1. Never skied 2. Snowplow 3. Glide christies 4. Parallel  
Please mail to: JCC Program, 151 Chapel Street, Ottawa, Ontario, K1N 7Y2.

Program  
No. 7

## FOR TEENS ONLY

Grades 9-13

**5 Sundays  
Skiing  
Different Hills  
including White Face  
at Lake Placid!**

Dates: February 7-March 7

Hills: Mt. Tremblant, Mt. St. Marie (2),  
Edelweiss, White Face, Lake Placid

Cost: \$250 RENTALS NOT INCLUDED

Departure: 8:00 a.m., 881 Broadview  
Experienced Skiers Only, Please!





# the teen scene



## Maccabi Club builds excitement for Games

By Jon Braun,  
Director, Youth and Athletic  
Services

Every second summer since 1986, the Ottawa Jewish community has been proudly represented by its young athletes at the North American Maccabi Youth Games. These games bring together 3000 Jewish teens from around the world for an Olympic-style tournament.

In the spirit of the Maccabi movement, the JCC recently introduced a new program for kids in grades 6 to 9 called the Maccabi Club.

### Keep torch alive

The Maccabi Club seeks to keep the Maccabi torch alive between Games; kids who dream of representing their community to the world can begin their training and develop skills on an ongoing basis. Joining the Maccabi Club is not only a

commitment to the future, it's a whole lot of fun right now.

So far sessions have centred around archery, racquetball, badminton, table tennis, basketball, football, volleyball and floor hockey. The kids have also enjoyed videos on the history of the Super Bowl and on basketball bloopers.

Club members have also seen videos of themselves participating in an athletic event. Hans and Franz led a workshop on weight training and now everybody's really "pumped up."

Members are also excited about attending a Senator's hockey game.

With the imminent arrival of Winter, Maccabi Club Members are also getting their blades ready for some Canal skating.

Sounds like fun? Why not be part of the fun. If you're in grades 6 to 9 and want to be part of the Maccabi tradition give Jon a call at the JCC, 238-1818.

The Ottawa Chapters of the  
B'nai Brith Youth Organization  
proudly announce  
their first annual  
R.S.V.P.

### REGIONAL SPIRIT VARIETY PROGRAM

February 26-28, 1993

Youth will be coming from all over LAKE ONTARIO REGION (Buffalo, Rochester, Toronto, Hamilton, London and Kingston) to participate in this fun-filled weekend.

### Tournaments, Sports Events, Contests and FUN FUN, FUN

Visitors will be home-housed. (Houses needed, please)  
All activities will take place at the JCC.

If you would like to participate and are between the ages of 13 and 18, call: Jenn Finestone, president, Chapter Yad B'Yad (820-2409) or Rob Mittleman, president, Chapter B'nai Amitai (824-7351).

Convention co-ordinators are Jessica Ehrenworth and Jason Bronshter.

For more information call Penny Torontow at 238-1818 or 724-3054.

## YOUTH ATHLETICS

### JUNIOR FLOOR HOCKEY

One of the most successful programs offered for our young athletes. Junior floor hockey promises all the excitement, action and drama of the N.H.L. - without the fights. Open to ages 5, 6.

Duration: January 17 to March 8

Time: Sunday, 12:30 - 1:30 p.m.

Place: 881 Broadview

Cost: \$25.00

Time: Mondays, 6:30 - 8:30 p.m.  
Place: JCC, 151 Chapel Street  
Cost: \$20.00

### JCC DOWNHILL SKIING FOR TOTS TO TEENS (Adults also welcome)

Sundays,  
January 17 - March 17

Lessons &  
Recreational Skiing

For years, the JCC Ski School  
has been introducing kids to  
the thrill of skiing.

To register see ad in  
Centrefold.

### PRE-TEEN FLOOR HOCKEY

A great way to run off some of that energy and have a fun time with your friends.

Duration: Winter Session - January 7 to March 18

Time: Thursday, 6:30 - 7:30 p.m.

Place: 881 Broadview

Ages: Grades 6-8

Cost: \$20.00 per 10 week session

### TEEN FLOOR HOCKEY

Fast-paced action for teens in a friendly pick-up format.

Duration: Winter Session - January 7 to March 18

Time: Thursday, 7:30 - 9:30 p.m.

Place: 881 Broadview

Cost: \$25.00 per session

### TABLE-TOP HOCKEY LEAGUE... NEW... NEW... NEW

Be part of the newest hockey league in town. Play table-top hockey - it's the latest craze. Choose your favourite team and go for the Stanley Cup! It'll be a great season.

Duration: January 7 - March 18

Time: Thursday, 7:30 - 9:00 p.m.

Place: 881 Broadview

Ages: Grades 6-8

Cost: \$20.00

### TEEN BASKETBALL

An instruction-based program featuring intersquad and intracity play. This program is designed to develop players for the Maccabi Youth Games, but youth interested in simply learning skills and participating in local competition are welcome.

Duration: Winter Session - January 11 to April 15

It's not too late  
to join

### The Maccabi Club

Join the fastest growing club in North America! The Maccabi Club will be meeting weekly throughout the year, participating in a variety of sports, including:

• volleyball • soccer • gymnastics • basketball • floor hockey • fencing • archery • skating • and more!

Sports films and featured special guests from the world of sports will drop by the Maccabi Club to meet our members. Trips to sporting events will also be organized.

For those who may want to be part of the Ottawa Youth Maccabi Team for the 1994 Games, this will give you a head start on the training.

If you want to be part of the Maccabi experience, hook up with the Maccabi Club.

Minimum Registration: 12  
Duration: October 27 - December 15  
January 12 - April 6

Time: Tuesdays, 7:00 - 8:30 p.m.

Place: 151 Chapel

Cost: \$40.00 for the year

Ages: Grades 6 to 9



Teen Connection  
proudly presents

### The East-West Wave Pool Party

for all kids in grades 7 and 8

Saturday, January 16

at the Gloucester Wave Pool

After riding the waves, relax and take in a video in a private party room.  
A light supper and beverages will be provided.

Pick-up: 881 Broadview, 5:30 p.m.

Place D'Orleans (in front of Pharmaplus) 5:50 p.m.

Return: Place D'Orleans (in front of Pharmaplus) 10:00 p.m.

881 Broadview, 10:30 p.m.

Cost: \$6.00, includes transportation, food, wave pool and video

### DON'T MISS OUT ON A GREAT PARTY!

For more information or to register call Jon Braun at 238-1818.



## TEEN HOOPS

Mondays,  
6:30 - 8:30 p.m.  
JCC Gym, 151 Chapel

Brian Lee is the starting point guard for the St. Francis Xavier University Basketball team.

Brian Lee is the coach of the Ottawa Maccabi Youth Basketball team, which will compete in Cleveland at the next Maccabi Youth Games.

Where did Brian Lee shoot hoops until the lights went out when he was a teen?

The same place that Mike Kronick, Seth Boro, Steve Presser, Dan Iny, Ari Cherun, Al Sobel and all those other former Maccabi boys did!

### THE JCC GYM

BE THERE!

for kids aged 13 to 16

This program includes instruction and intersquad and intercity play.





# CHANUKAH GREETINGS



Dr. Yosef & Deborah  
Caytak & family

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Steve & Laurie  
Gordon & family

Dr. Paul & Jennie  
Claman & family

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Adele & Lawrence  
Cowen & family

Chick & Rose  
Taylor & family

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Rhoda & Paul Bregman,  
Erica, Bram & Jordanna

Herb & Dorothy  
Nadolny

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Morris & Myra Presser,  
Cindy & Steven

Helene & Eric Blitstein,  
Emily & Nina

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Dr. Steve & Roz  
Fremeth & family

Steven & Shelli Kimmel,  
Leora, Ariella & Dalia

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Evelyn & Lou  
Eisenberg & family

David & Beverly Gluzman,  
Jory & Mark

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Shelley & Sid Rothman,  
Stuart, Nina, P.J. & Marshall

Ethel & Irving Taylor &  
family

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Stan & Candice Wilder,  
Nathan & Michael

Rachelle & Gerry  
Koffman & family

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

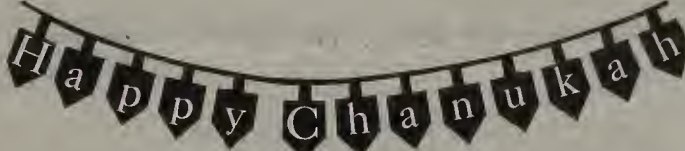
Reesa & Stan  
Aaron & family

Alyce & Allan Baker,  
Michael & Lauren

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Norman & Isabel  
Lesh & family



Jean & Joe  
Lichtenstein & family

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Rose Litawick  
& family

Edie & Issie Landau  
& family

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Sarah, Lionel &  
Bruce Metrick

Martin & Thea Ginsburg  
& family

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Stan & Libby  
Katz & family

Percy & Mildred  
Weinstein & family

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Irving, Beverly, Sharon,  
Pamela & Deborah Swedko

Ruth & Irving  
Aaron & family

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Lawrence & Sharon Weinstein,  
Amy, Erica & Jonathan

Beverley & Abe  
Feinstein & family

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Sam & Sandy Fishbain,  
Jeffrey & Arron

Joseph & Ruth  
Viner & family

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Pearl & David  
Moskovic & family

Paul & Sharon Finn,  
Joshua, Jordan & Davina

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Zeev & Sara  
Vered & family

Mark & Lynn Shabinsky,  
Jacob, Jessica & Marissa

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Arnie & Roz Kimmel,  
Lisa & Michael

Lionel & Leslie Shinder,  
Jason & Reesa

*Happy Chanukah to  
family & friends*

*Happy Chanukah to  
family & friends*

Jeff & Felice Pleet, Erin,  
Jordan, Zachary & Mitchell



# CHILDREN AND

Eight nights in December,  
We light one candle to remem-  
ber.  
The brave and mighty  
Maccabees,  
Who fought for the Israelis.

It's a sad part of our history,  
Why is no big mystery.  
What they fought was a huge  
army,  
My! It was so alarming.

On Chanukah we play with dreid-  
els,  
And make latkes with pans and  
ladles.  
Most kids receive gelt,  
Eat it fast or it will melt.  
*Daniel Resnick*  
Grade 4  
*Hillel Academy*

There once was an old man  
named Nutkas  
He really loved his latkes  
There was no more  
So he went to the store  
But all he could find was bubkas.  
*Robert Levine*  
Grade 6  
*Hillel Academy*



## The Magic Dreidel!

One morning I woke up at  
1:30am, the Chanukah day. I got  
out of bed and got dressed. I  
went down stairs and started  
watching T.V. Then I looked at  
the clock and it was 2:04am. I  
looked outside. I saw a dreidel.  
I went outside and got it. I  
brought it up to my room. It  
started to dance. It was a rock 'n  
roll dreidel. Have you ever met a  
rock 'n roll dreidel?  
*Adam Borer*  
Grade 3  
*Hillel Academy*

Chanukah, Chanukah, Chanukah  
presents and latkes.  
It's Chanukah it's Chanukah,  
menorahs and candles.  
It's Chanukah, it's Chanukah,  
dreidels and family dinners.  
It's Chanukah, it's Chanukah.  
*Alexander Baker*  
Grade 2  
*Hillel Academy*



I am a dreidel, spinning round  
and round,  
Somewhere on the table I can be  
found.  
My letters, Nun, Gimel, Hey and  
Shin,  
Have a special meaning.  
Long ago only one jar of oil  
found,  
All around the temple grounds.  
But things were different there  
and then,  
For the Maccabees lived in a  
time when  
Miracles really would be true  
For the oil lasted eight days,  
Instead of one or two!  
I must go now, for the children  
want to play  
With me and other dreidels on  
the first Hanukkah day.  
*Rachel Sidney*  
Grade 4  
*TTAS*

Dreidels spinning  
Latkes munching  
Chanukah chanukah is here!  
Menorahs lighting  
Presents giving  
This is our Chanukah.

Guns shooting  
Swords stabbing  
Chanukah is here,  
People dying  
Children crying  
That was their Chanukah.  
*Tamara Muroff*  
Grade 5  
*Hillel Academy*

## A Gifted Chanukah

What is the importance of gifts  
at our Festival of Lights?  
Is Chanukah the trip back to  
school in January, where you  
make your classmates ooh and ah  
over the "loot" you collected  
during the generous holiday?  
For some children it very well  
may mean that. Unfortunately,  
that's what it does mean to a lot  
of people. To a good portion of  
the children who don't already  
own a Super Nintendo. As a  
graduate of Hillel I myself know  
the stares of envy. I many times  
being the deliverer of those  
stares.

I may not have received every-  
thing material that the other chil-  
dren acquired but I was the  
recipient of something more pre-  
cious and important on a grander  
scale: the lessons taught me by  
my teachers.

Approximately two thousand  
years ago, miracles were not a  
commonplace occurrence. You  
didn't go to the market and goss-  
ip about the new messiah or  
how you walked on water the  
other day. Miracles were a rarity  
or a gift.

On the first Chanukah three  
miracles were given to the Jews.  
They conquered the Syrians, an  
army many times larger and  
more powerful than the Jews.  
They, after the Syrians had  
destroyed the temple, lit the  
Menorah again by the one last  
bottle of pure oil. The third mir-  
acle was the fact that the oil lasted  
for eight days instead of one,  
almost consciously waiting until  
new oil could be made and puri-  
fied.

These were the basic lessons  
taught to me. In these lessons  
the implied theme, sometimes  
directly stated, was miracles.

I believe that miracles are  
what you make them. I believe  
the Jews weren't handed their  
Chanukah gifts, their miracles,  
on a silver platter from HaShem  
as some gifts are nowadays by  
parents. I believe the Jews  
worked for their gifts. This is  
something to be proud of. Be  
proud of your heritage, for with  
these miracles of Chanukah in  
mind, anything is suddenly possi-  
ble as it was for our predecessors  
in Judea.

This holiday season don't just  
concentrate on the material gifts  
you receive, instead make it  
unique. Concentrate more on  
what Chanukah means to you. If  
you don't like what you see then  
fix it as best you can. Chanukah  
originally wasn't even a gift-giv-  
ing holiday. The tradition of gift-  
giving gifts originated in Christianity  
when the Magi came bearing  
valuables for the baby Jesus.

In saying this please don't mis-  
understand my intention. Gifts  
are nice and important but they  
are not the main focus of the  
Festival of Lights. This holiday  
season think about what the gift  
you receive represents and work  
for that gift. Earn the gift. For  
that is what our holiday  
Chanukah is about, earning our  
gifts, earning our miracles.

*Gabriel Raitman*  
Grade 9  
*Lisgar Collegiate*



Sara Reitman couldn't wait till  
Chanukah. She thought of spin-  
ning the dreidel, her mother fry-  
ing latkes, and her father lighting  
the menorah.

Two days before Chanukah,  
Sara asked her mother,  
"Mommy, please give me a clue  
as to what my presents are."  
Mrs. Reitman, surprised with  
what her daughter said, kept on  
mixing the soup.

"Please, mommy, tell me!"  
Sara said. Then, Mrs. Reitman  
said, "Sara, presents aren't every-  
thing."

So, Mrs. Reitman told Sara the  
story of Chanukah. When she  
got to the part where the Jews  
found the oil, she said, "The Jews  
were grateful with what they had.  
They were very happy."

*Shoshana Sigler*  
Grade 6  
*Ecole Maimonides*



The days of Chanukah are days  
of joy.  
It's not just about getting a toy.  
It's about friendship and happi-  
ness for us all.  
Our friendship and happiness  
should never fail!  
Of course it's fun to get  
Chanukah gelt, but there's other  
things we have to keep under our  
belt.  
Dreidels, menorahs, Chanukias  
too, are all part of the big days -  
The days of the Jew.  
*Ryan Appovine*  
Grade 3  
*Hillel Academy*

Eight lights glowing,  
Struggling to stay alight  
Against the draft of wind  
That curls up from under the  
door,  
And slaps the fragile flames,  
Wanting to extinguish them.  
But, as always, the eight lights  
stay alive,  
And continue to glow,  
So that the miracle of G-d,  
And the power of G-d  
Is known to all.  
*Rivka Claman*  
Grade 8  
*Ecole Maimonides*

## Attention: Parents

703

HELP

### HOMEWORK HELPER PROGRAM:

- \*Afterschool program
- \*Individually or in groups
- \*Affordable and effective
- \*English, French, Hebrew
- \*Math, Science

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# CHANUKAH

Chanukah is a very joyous occasion because of all the miracles that happened. The small army of the Maccabees won against the big strong army of the Greeks. That the Jews found a little bottle of oil to light the menorah and it lasted eight days and nights, shows us the great kindness of HaShem.  
**Marcie Kalson**  
Grade 6  
École Maimonides

When Chanukah comes I feel the joy of freedom and to pray to my own G-d, not to a creation of man such as an idol. I feel happiness when I thank the Lord. The menorah and the dreidel are popular symbols for Chanukah. We should not forget the latkes and the Maccabees, an important part of Chanukah. This is how I truly feel about Chanukah. It should be how you feel too.  
**Sarah Kriger**  
Grade 3  
Hillel Academy



Budapest, Hungary, 1989 Chanukah dance in Budapest's Hotel Gellert.

Our menorah's on the window sill shining, nice and bright. I think the one candle glowing is lonely the first night. We watched the candle glow as it filled our house with joy. I grinned as I looked on the table and saw my brand new toy. Hanukkah's a time of joy in my family's mind. We think about the Maccabees who were all so kind.  
**Joselyn Chernick**  
Grade 6  
OMJS



Once upon a time there was a jug. It had to get filled up so it went to an olive tree. It squeezed olive oil into the little jug. It was enough to light the menorah for 8 days. The jug was happy.  
**Nava Lightstone**  
Grade 2  
Hillel Academy

I am a dreidel as you can see. All the children play with me. They spin me and spin me until I fall. Dizzy as I am, I bring happiness to all. I have four sides, Nun, Gimel, Hey and Shin. When I stop spinning who will win? The first Chanukah night, I watch while I sit. As the bracha is said and the candles are lit.  
**Shawn a Caspi**  
Grade 4  
TTAS



One Chanukah night there were latkes on a plate, dreidels on the floor, and presents on the table. A bird flew through the window. I always wanted a bird! I quickly ran to the presents. "Tweet, Tweet!" I heard. That's a bird I gaped! I love birds! If only it is for me. I'll see when we open the presents. Ema said, "don't touch." My little brother was singing "Oye Chanukah oye Chanukah." Finally it was time for presents. "It's for you" said my Ema. "It's a bird." "Thank you," I said. We gave each other big hugs, big kisses and said "Happy Chanukah", and that's the end.  
**Taiya L. Kagedan**  
Grade 2  
Hillel Academy

Chanukah, the festival of light. We remember the revolt of the Jews and their plight. Their hardships and their sadness. To overcome the Greeks and their madness.  
**Layla Bloom**  
Grade 6  
OMJS



Chanukah is close and is soon here. So listen very closely, and try to lend an ear. You will get a lot of presents, maybe money too. Help your parents with the latkes, there's a lot of things to do! Look at the menorah a candle-labra that's always full of light. I like to spend my time looking, until I must say "goodnight!" The dreidel is a game, it is a special treat. When you play this game you will meet nun, gimel, hay and shin. Oh no! It is over! But here is something about to cheer. Chanukah will always be back, only in a year!  
**Jaclyn Schwartzman**  
Grade 5  
Hillel Academy

Chanuka sen viens, preparer vous. C'est tellement une belle fête ça va vous rendre fou. Preparer vos chandeliers en mètre des helles enandelles. Regarder les flammes brillantes come elles sont belles. C'est une belle fête Chanuka. Mais dans huit jours Chanuka sen va. Il faudra attendre encore une année Pour Chanuka et commencer a fêter.  
**Simonne Moscovitz**  
Grade 4  
Hillel Academy

I used to dream that there was a fairy of Chanukah. But now I don't anymore. I thought she lived inside the candles. She talked to me from the candles. But I was only dreaming. Now my sister who is only two thinks there is a Chanukah fairy.  
**Hava Goldberg**  
Grade 3  
Hillel Academy

## If I were a Dreidel

As I wait in the cupboard, All cold and lonely. I wish and hope Hanukkah is near.

I look forward to seeing the children. The presents and the lovely smell of latkes. And of course the Hanukkah.

Oh wait! Look it's light! The children have come to rescue me from the dark!

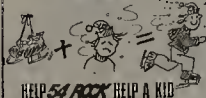
As I am placed down on the table, I get a twist, a turn. Yea! Hanukkah is here.

I look around the room. Examining the walls and the table. I spot a glittering light.

I look a little closer. And guess what I see? A Hanukkah and chocolate gelt and a spot waiting for me.

I savour the time. And the warming of the Hanukkah candles. Dreaming this moment will last forever.  
**Lindsey Pivnick**  
Grade 7  
TTAS

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Cantor Pinchas Levinson

## CICF to hold Chanukah Party

Dr. Norman Barwin, President of the Canada-Israel Cultural Foundation is pleased to invite all members and prospective members to the annual Chanukah party.

The party will be at the home of Arnon and Ruth Miller on Sunday, December 20.

Entertaining the guests this year will be Cantor Pinchas Levinson accompanied by Evelyn Greenberg. These two artists will set the tone for another delightful evening of music and song. In addition there will be a special surprise. Join in the fun and discover what it is.

RSVP is essential. For reservations call: Ruth Calof at 523-1600.

## Warsaw Ghetto Uprising

# Over 300 people hear Faye Schulman speak of her experiences in the Resistance

Faye Schulman, a Toronto woman who spent her teenage years as a partisan in Poland fighting the Nazis, launched the Ottawa commemoration of the 50th anniversary of the Warsaw Ghetto Uprising November 16.

Over 300 people, many of them teenagers, gathered at Agudath Israel Synagogue for the program sponsored by the Ottawa Holocaust Remembrance Committee chaired by Vera Gara.

A slide presentation was the vehicle for Mrs. Schulman's talk about her experiences in the Resistance and about how she, who was spared the mass graves of the majority of people in her hometown of Lenin, Poland had resolved not to let the enemy go unpunished or unopposed.

At 65 years old, a beautiful woman who has a bearing of strength and self-authority, she portrays to her audience a strong sense of purpose in the telling of her story — that there are few people who had the possibility to resist during the war and of those, few are alive today to bear



Left to right: Elly Bollegraaf, Vera Gara, Faye Schulman and Dr. Truda Rosenberg.

witness and to dispel the notion that Jews went like lambs to the slaughter.

Mrs. Schulman speaks regularly to student groups in Toronto and played an active part in their recent Holocaust Remembrance Week.

The factor that spared her when her town was taken by the Nazis was her photographic and darkroom skills. She was put to work developing the photographic records of the Nazis.

Mrs. Schulman introduced the audience to her life in Lenin and her family by way of family photos. She effectively layered upon this the photographs of her town

under the Nazi occupation and many pictures taken "when things were quiet and going well" during her life with the partisans. She described how she became a nurse and did field surgery as a partisan though she had never had any previous training and overcame the unbearable living conditions in the woods during the winter. She assumed heroic roles though she was a young teenager.

The speaker was introduced by Holocaust Remembrance Committee member Elly Bollegraaf and thanked by Dr. Truda Rosenberg. Dr. Rosenberg described how she too had been in the Resistance as a young woman smuggling arms into the Warsaw Ghetto.

## 50th Anniversary of Warsaw Ghetto Uprising

There likely are a number of people in Ottawa who have a personal connection to the Warsaw Ghetto, the Holocaust Remembrance Committee says.

"We would like to honour the people who were there when we have the 50th anniversary commemoration of the Uprising," says chairperson Vera Gara.

The commemoration will take place at the Holocaust Memorial at the Jewish Community Cemetery on Sunday, April 18, 1993.

Currently the committee is aware of a person who lived in the Ghetto for part of the war and a person who was brought to the Ghetto from a concentration camp to clean up the Ghetto after the Uprising.

The committee would greatly appreciate hearing from other people who were connected to the Warsaw Ghetto. Please contact Community Relations Director Ruth Kahane at 232-7306



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## Announcement Expected Regarding Claims for Indemnification

MONTREAL, NOVEMBER 19, 1992 — The United Restitution Organization (U.R.O.) wishes to inform Holocaust survivors that an announcement will be made shortly which will be of interest to persons who were incarcerated in ghettos and concentration camps and are not receiving pensions from Germany.

According to the U.R.O. these individuals may be entitled to a pension if they received only a

one-time indemnification grant. The U.R.O. is compiling a list of the persons to whom the new regulation will apply. Those seeking further information should contact: the U.R.O. in Montreal (5253 Decarie Blvd. Suite 500, Montreal, Quebec, H3W 3C3, Tel: 514-481-7933) or U.R.O. in Toronto (4600 Bathurst Street, Suite 121, Willowdale, Ontario, M2R 3V2 Tel: 416-630-2920).

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The following have been inscribed in the Sefer Bar/Bat Mitzvah of the Jewish National Fund in November. Mazel Too to them and their families.

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Rochel Kaizerman  
Shayna Leonoff

Sarah Nathan  
Brian Noy  
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**NOTICE TO THE COMMUNITY**

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The number will be

**789-7306**



## Germans Agree to combat Neo-Nazi Violence

**"Violence must be the first problem tackled, not the influx of refugees"**

BONN, (JTA) — Setting aside differences, all 16 states of Germany have agreed on tough new measures to combat a wave of neo-Nazi violence.

At the same time, the governing coalition and the opposition have failed to agree on a change in the constitution designed to curtail the influx of

foreigners into Germany.

But both the Kohl government and the Social Democratic Party reported progress in efforts to reach agreement on curbing a flood of refugees they blame for the upsurge in right-wing extremist violence.

Under the country's liberal

asylum laws, some 1.4 million refugees have crossed into Germany, a far higher level than that in neighbouring European countries.

The new measures to crack down on violence were adopted November 20 by the interior ministers of the 16 German states at a meeting in Bonn also attended by federal interior Minister Rudolf Seiters and high-ranking officials of the domestic security service.

Among the new measures:

-Federal police and border police will be called in promptly when trouble arises that local or regional forces cannot handle. Toward that end, the government will recruit more police and train them in handling riots and violence against foreigners.

-The states will expedite the exchange of data on suspects in violent attacks against hostels for asylum-seekers.

-The federal government will expedite transmission to local police forces of information on suspects and extremist organizations.

-All major police stations will assign an officer to deal with complaints by asylum-seekers.

The government plans to ban a number of extreme right-wing organizations, Seiters said. The interior minister told reporters the ban will clearly signal Germany's refusal to accept continued neo-Nazi violence.

Seiters said the belief that the motivation for violence was economic rather than ideological

had been proved wrong over the past few weeks when vandals attacked Jewish memorials and cemeteries.

In a similar vein, the chairman of the German Jewish community, Ignaz Buhis, said that violence must be the first problem tackled, not the influx of refugees.

At the same time, a coalition spokesman urged popular pressure on legislators to amend the constitution to curtail the intake of refugees.

Justice Minister Sahine Leuthausen said she supported an "initiative by the people" to force the parliamentary factions in the Bundestag to reach a compromise, in the face of inability by the political leadership to adopt measures consistent with the wishes of a great majority of the Germans.

Meanwhile, the German Catholic Church has issued a statement rejecting the use of violence by the left or the right, and has denounced anti-Semitism and hatred of foreigners.

The statement, issued by the central committee of the Catholic Church in Germany, came as left-wing anarchists fought with right-wing skinheads in three German cities. The violence left one person dead and at least six others injured.

The declaration was promptly welcomed by the Jewish community, and a spokesman urged that all German churches unite in a rejection of neo-Nazi violence.

### Report Reviews Canada's Progress on Nazi War Crimes

Ottawa...Priority should be given to denaturalization and deportation says B'nai Brith Canada's Institute for International Affairs, in a major report issued recently. The Report reviews Canada's performance to date in bringing Nazi War Crimes suspects resident in Canada to justice. The 100-page text provides a detailed analysis of all war crimes cases which have come before Canadian courts and tribunals and identifies factors which have impeded progress on the war crimes agenda. In addition, the Report offers proposals for better management of this agenda on the international level.

The Report's author is David Matas, Honourary Senior Counsel of B'nai Brith Canada and National Chair of its War Crimes Committee. Mr. Matas served as B'nai Brith's Counsel before the Commission of Enquiry on War Criminals headed by the Honourable Mr. Justice Jules Deschenes and is the author of four books including one on the War Crimes subject.

**The Deschenes commission concluded Canada (was) retirement home for Nazis.**

In addressing criminal cases which have been brought before the Courts (Finta, Pawlowski and Reistetter), Matas analyses problems in jury selection, admission of evidence, judges' directions to juries and appeals of decisions.

Matas considers the general problem of an insufficient identification process to locate suspects whose names may appear on international lists but whose

names have not been submitted to the Department of Justice for investigation. As well, he addresses the international obligation and Canada's role to bring Nazi war crimes suspects to justice.

The Report concludes with a series of recommendations to address its various concerns. It was delivered to the Minister of Justice at a meeting on November 26.

In introducing Matas at a National Press Gallery news conference at which the Report was released, Ian Kagedan, B'nai Brith's Director of Government Relations noted that "Canada embarked on a quest to bring Nazi War Crimes suspects to justice five years ago, following the Report of a Commission of Enquiry headed by Justice Jules Deschenes. That Commission concluded that Canada had let itself become a retirement home for Nazis, perhaps 200, perhaps more, and at least twenty against whom the Commission said cases could be mounted quickly. These individuals are accomplices in perhaps the most heinous crime in human history. The pursuit of Nazi War Criminals is a matter of fundamental justice."

"Five years later," Kagedan asked, "where does the process stand?" He pointed out that only five cases have been considered - three criminal prosecutions - which failed; and two deportation actions - which succeeded, although neither could be called an unqualified success. "Five cases is sorry progress in a quest for fundamental justice, as we once again encounter Nazism in the streets of European cities and

in the organized racism on our own shores," he said. "Significant resources are committed, significant effort is made, but without cases going forward, and without cases succeeding, we cannot claim that we have raised ourselves from the moral abyss in which a country finds itself when it has offered peace and security to the murderers of men, women, and children for no reason other than their ethnic origin, race or faith," said Kagedan.

### How long should a counseling program last?

For many people, the word "counseling" suggests a very mysterious relationship, uncertain both in purpose and duration. But the fact is, professional counseling is one of the least ambiguous relationships a person can enter, and some of the first decisions you and your counselor will make will concern the specific results you'd like to achieve, the approximate length of the program, its methods and its costs.

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**Natalie Stern** on her special birthday by Helen and Mayer Alvo.

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## NCSY Shabbaton, February 15-17

By Lauren Shaps

National Conference of Synagogue Youth, NCSY, is pleased to announce that the upcoming Winter Regional Shabbaton will be held in Ottawa on February 15-17, at Congregation Machzikei Hadas. The cost will be \$50 for the entire weekend with an early-bird special of \$40 for applications sent in before January 1, 1993.

Jr. NCSY'ers, grades six to eight, will join with members from Toronto, Montreal and other cities for a weekend of forging friendships, lively learning, and fun, fun, fun! Highlights of the weekend include live music and dancing before and after Shabbat, and a Saturday night sleigh ride under the stars. NCSY is hoping to build on last year's record attendance of over 50 Ottawa participants.

NCSY members have been very busy these last few months, with a wide variety of activities. Among these, an airplane - car wash, go-carting, ice-skating, and Saturday Night Live, a program which explores Jewish values through the media. Monthly Lunch and Learns continue to be a perpetual favorite, and basket-



A good time was had by all!

ball and floor hockey games will soon be held on a regular basis as well.

While NCSY is pleased with the success of its programs and its continuously growing membership, the organization is not focused solely on youth. There is also a strong commitment to community services as seen by weekly visits to Hillside Lodge and our recent sponsorship of the Martin Davidson concert in conjunction with Arts Alive. Davidson and

his Yachad band provided all who attended with an evening of vibrant Jewish music. The crowd of all ages and backgrounds sang, danced, clapped, and cheered for an outstanding performance.

Jewish youth grades six to eight and grades nine to GAC should contact NCSY coordinator Lauren Shaps at 521-4437 to find out information about upcoming shabbatons and other exciting programs.

## JET Completes successful Fall Term



Rabbi Zischa Shaps lectures on Essential Judaism.

Jewish Education through Torah, (J.E.T.), is about to complete a highly successful fall term. Classes on a variety of topics have been taking place throughout the city. More than 80 people have attended classes this semester. The most popular class was the five lecture series on Essential Judaism given by J.E.T. director Rabbi Zischa Shaps. The series

included lectures on Belief in God, the Sabbath, Prayer, Ritual Observance, and the Jewish View on Sexuality. The highly popular series will continue in January. Upcoming topics include The Jewish Approach to Charity and The Essence of Keeping Kosher.

Other popular classes were the Crash Course in Basic Hebrew which took place in Barrhaven and was sponsored in conjunction with the JCC. The class was given by Mrs. Debbie Fishman. A second level Hebrew class will be continued in January and will take place on Sunday evenings at 7:30 pm at Beth Shalom West. The class is free to all JCC members. The class will improve basic reading skills while increasing vocabulary and comprehension through the use of the prayerbook.

Wednesday mornings, Lauren Shaps gives a class on the World of Prayer, concentrating on the Amidah service. The class is perfect for women who can get to work an hour late or for those who are at home during the day. The class runs from 9:00am to 10:00am. This class will continue through the winter semester. It is not necessary to have attended the first part in order to join the class in January.

Two second level Hebrew classes were offered by J.E.T. this fall,

one given at Congregation Machzikei Hadas by Rabbi Yosef Skaist, and one given at Beth Shalom West by Rabbi Howard Finkelstein. Rabbi Finkelstein will be continuing his class on Wednesday evenings from 8:15-9:30 pm. The class will concentrate on the structure and order of the prayer service as well as the understanding of the individual prayers.

Ongoing programs include a Chumash class for women given by Mrs. Leah Skaist on Tuesday evenings at 8:00 pm, and a Thursday night Beis Medrash program for men. This program is for those interested in studying with a partner or in a small group. Study partners can be arranged for those who are interested or you may arrange your own. Rabbi Shaps and Rabbi Skaist are available to answer questions for those who need a little help. Beginning January 14th, Rabbi Shaps will conduct a study group in Talmud from 8-9pm. From 9-10pm, Rabbi Skaist will lead a study group in Halacha, Jewish Law, using the Kitzur Shulchan Aruch as a text. These groups are not lectures but rather interactive sessions that will enable the participants to improve their learning skills as well as their basic knowledge.

Additional programs planned for the winter semester include a Crash Course in Hebrew, in Orleans, in conjunction with the JCC, and a series of lectures exploring the meaning of the holidays of Purim and Pesach. Also planned is a class in The Contemporary Talmud, which will explore the Talmudic view on contemporary issues using the original text of the Talmud. See the advertisement on this page for more details. J.E.T. is sponsored by the Ottawa Torah Institute and is directed by Rabbi Zischa Shaps. For more information about these and other programs sponsored by J.E.T., call 521-4437 or 594-5658.



January 6, 1993 — March 31, 1993 Schedule  
At Congregation Machzikei Hadas 2310 Virginia Drive

### SUNDAY EVENINGS

- The Contemporary Talmud** Rabbi Yosef Skaist  
Jan. 10-Feb. 21 7:00 P.M.  
This fascinating course will explore the Jewish view on contemporary issues through the eyes of the Talmud. Join Rabbi Skaist as he leads you through the original text of the Talmud.
- The Chain of Tradition** Rabbi Zischa Shaps  
Jan. 17, 24 8:00 P.M.  
This important series will organize and describe the order of the Written Law of the Torah, The Oral Law, The Codifiers, and a number of the leading commentators. An excellent seminar for parents who would like to play a role in their children's education.
- Ritual Judaism** Rabbi Zischa Shaps  
Jan. 31-Feb. 14 8:00 P.M.  
Explore the meaning of, and the principles behind, some of the central rituals of Judaism.
- Jan. 31 — The Jewish View of Charity**  
**Feb. 7, 14 — Keeping Kosher — Why and How** Rabbi Zischa Shaps  
**Feb. 21-Mar. 28** 8:00 P.M.  
Explore the meaning of the spring holidays and how the different laws and customs of each holiday express their individual themes.
- Feb. 21, 28 — Purim — Beyond the Story**  
**Mar. 14, 21, 28 — Pesach — The Haggadah, The Seder, The Message**

### MONDAY EVENINGS

- Crash Course in Reading Hebrew** Rabbi Yosef Skaist  
**Mar. 1-Mar. 29** 8:00-9:30 P.M.  
This Passover, experience the Exodus from right to left. Learn to read Hebrew in five lessons the easy and proven way. Master the Aleph-Bet while gaining basic vocabulary and reading skills. Pre-registration required.

### TUESDAY EVENINGS

- Studies in Seder Shemot** Mrs. Leah Skaist  
**Jan. 12-Mar. 30** 8:00 P.M.  
A text-based study of the Book of Exodus using the original text with the commentary of Rashi, as well as an overview of some of the classical commentaries to the Torah. This popular class will be continuing throughout the year. For women only.

### THURSDAY EVENINGS

- Chavrusah Study Program**  
**Jan. 7-Mar. 25** 8:00-10:00 P.M.  
Join us for a Thurs. night Bais Medrash Program. Arrange to learn, in text, with one or two study partners and develop your knowledge and skills in Torah study. Pre-registration required.
- Talmud Study Group** Rabbi Zischa Shaps  
**Jan. 14-Mar. 25** 8:00-9:00 P.M.  
This group will enable the newcomer to Talmud as well as the experienced Talmudist a chance to hone their skills. The group will be studying Tractate Bava Metzia.
- Halacha Study Group** Rabbi Yosef Skaist  
**Jan. 14-Mar. 25** 9:00-10:00 P.M.  
Have you ever wanted to study Jewish Law but couldn't find the right text. Join this dynamic group as they learn the laws of daily Jewish life from the Kitzur Shulchan Aruch, Concise Code of Jewish Law, in the original Hebrew.

### At Beth Shalom West

### SUNDAY EVENINGS

- Hebrew Level II** Mrs. Debbie Fishman  
**Jan. 10-Jan. 31** 7:30 P.M.  
Join us for an innovative and systematic approach to the study of Hebrew. An excellent opportunity for those with basic Hebrew reading skills to improve your reading. This course will get you well on your way to a real and exciting comprehension of the Bible and prayerbook.
- Hebrew Level II** Mrs. Debbie Fishman  
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A continuation of level 2, this class will concentrate on comprehension using the Siddur as a text, while increasing your conversational Hebrew, and vocabulary skills.

### WEDNESDAY EVENINGS

- Towards More Meaningful Prayer** Rabbi Howard Finkelstein  
**Jan. 6-Mar. 31** 8:15-9:30 P.M.  
Become familiar with the prayerbook and the prayer service while gaining a meaningful understanding of the prayers.
- At the home of Lauren Shaps** 2836F Sandalwood Drive

### WEDNESDAY MORNINGS

- The World of Prayer** Mrs. Lauren Shaps  
**Jan. 6-Mar. 24, 9:00 A.M.**  
Have you ever wondered what you have been saying when you pray? Or why? Join Lauren Shaps for an in-depth look into the Amidah (Shmoneh Esrei), the centre of the prayer service which dates back to before the second Temple (Pre-registration, required)
- For more information on these and other programs sponsored by J.E.T., call 594-5658 or 521-4437.  
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## Sepharad '92

### Turkish Jews: 500 Years of Harmony

By Judith Rostenne

On Sunday, November 8, the Ottawa Jewish community had the opportunity to view the opening of the photograph exhibition "The Turkish Jews: 500 Years of Harmony" at the Jewish Community Centre. The event, organized by the Sephardi Association of Ottawa, was part of the Sepharad '92 commemorations and was a joint collaboration of the Ottawa Committee Sepharad '92 and the Turkish-Canadian Cultural Association.

His Excellencies Itzhak Shalef, Ambassador of Israel, and Ugur Akinci, Ambassador of the Republic of Turkey, opened the event. The keynote address was delivered by Allan Rose, Executive Director of the Canadian Jewish Congress, representing Dr. Irving Abella, President. Other speakers included Dr. Maureen Molot, President, Jewish Community Council of Ottawa; Mrs. Fusun Oren, President, Turkish-Canadian Cultural Association; Solomon Orzel, President, Sepharad '92 (Quebec); and Michel Tapiero, President, Ottawa Committee Sepharad '92, with a message

from the Honourable Gerry Weiner, Minister of Multiculturalism and Citizenship Canada.

The exhibit celebrates the 500th anniversary of the welcome given to Spanish and Portuguese refugees by Bayazid II, Sultan of Ottoman from 1481 to 1512. This generous grant of refuge to thousands of Jews fleeing the Inquisition, resulted in the establishment of many Jewish communities which flourished through the years as integral elements of the economic and social life of Turkey.

The exhibition of 50 photographs and a companion video was open to the public between November 5 and 17 and had a large attendance. It offered the audience the opportunity to learn about the little-known, yet remarkable, legacy of Jewish life in Turkey. The photos document unique aspects of the integration of two seemingly disparate cultures: photographs show a menorah embossed with the Turkish crescent and star motif; a group of Jewish high school graduates celebrating next to a bust of Turkish Republic founder Ataturk; and the entrance of

Istanbul's Ahrida synagogue, which dates from the 15th century.

The accompanying video had two parts. Part one, "Embellished lives," explored the Sephardic integration of the Ottoman taste for embroidered and embellished textiles and costumes into the Jewish life. Part two, "Trees cry for rain: a Sephardic journey," is the Judeo-Spanish musical reflection of an American born in Izmir, Turkey. Judeo-Spanish, also known as Ladino, is the original language of Sephardic Jews.

"Turkish Jews: 500 Years of Harmony" is a travelling exhibit sponsored by the Quincentennial Foundation of Istanbul, a group of Turkish citizens, Jews and Moslems alike, who wanted to share their uplifting quincennial celebrations with a worldwide audience. The exhibit was produced by the Judah L. Magnes Museum of Berkeley, California, and will travel to museums, community centres, exhibition halls and other venues across North America and Europe until 1993.

### Israel's Foreign Press Corps is Tenth Largest in the World

A recent study by a Hebrew University of Jerusalem researcher shows that, while Israel's foreign press corps has grown from 58 news organizations represented in 1957 to 270 in 1991, making it the tenth largest foreign press corps in the world, the focus of the news has largely remained the Arab-Israeli conflict.

Dr. Yoel Cohen also noted that ease of access to news was listed by 79 per cent of the correspondents

as "important" or "somewhat important" in explaining the wide foreign coverage of Israel. Only 2.5 per cent felt military censorship was a major obstacle to their reporting and many noted the high level of access to top government leaders.

If peace were to "break out" in the region, there would undoubtedly be a decline in news interest in Israel. Cohen said, as Israeli life and society are not, by and

large, considered subjects of wide news interest.

However, because of the lack of other suitable locations in the area, Israel would remain a base from which to cover the entire region, a kind of Singapore or Vienna of the Middle East.

As of 1991, 182 Western European, 62 North American, ten Asian-based, six African, seven Eastern European and three South American news organizations, representing 32 countries, had media representation in Israel. The world's largest foreign press corps, which is in the U.S., has members from 82 countries.

Cohen's figures include foreign journalists stationed in Israel, as well as Israeli residents or citizens who write or broadcast full or part-time for foreign media. The figures do not include visiting journalists, whose numbers increase dramatically during periods of major crisis.



Rimonim (Torah Crowns) from Kuzguncuk Synagogue in Istanbul.

### Call for Recognition of Magen David Adom

NEW YORK, (JTA) — The president of the American Red Cross is urging that the International Red Cross movement drop its longstanding refusal to recognize Israel's Magen David Adom.

Elizabeth Dole has called on Red Cross societies abroad to "join with us to assure the full participation of the Magen David Adom in Israel" in the international humanitarian agency, the World Jewish Congress reported.

At the same time, both houses of the U.S. Congress have adopted a concurrent resolution calling for inclusion of Magen David Adom as "a legitimate national society of the International Red Cross-Red Crescent Movement."

Israel has been unsuccessful seeking full membership since the Red Cross movement was organized in 1948-49, in the aftermath of World War II.

Six years ago, the movement changed its name to the international Movement of the Red Cross and Red Crescent. The move was protested at the time by the WJC and Israel, which said it added religious significance to the organization's symbols.

The WJC has been working with the American Red Cross in support of the formal inclusion of the Israeli humanitarian agency in the international movement.

Dole issued her call for inclusion of Magen David Adom in letters to the heads of the largest Red Cross societies abroad, including those of Canada, Britain, France and Germany.

In a related news release B'nai

Brith's International President Kent E. Schiner has sent a letter to Elizabeth Dole, president of the American Red Cross, thanking her for her efforts on behalf of official international Red Cross recognition of Israel's "Magen David Adom."

"B'nai Brith greatly appreciates your principled position on behalf of the Magen David Adom," writes Mr. Schiner, "as well as the action you have taken to urge inclusion of Israel's equivalent of the Red Cross in the International Red Cross-Red Crescent Movement."

"For far too long, the global humanitarian society that is identified by the symbols of Christianity and Islam has discriminated quite overtly and unconsciously — against the symbol of Judaism, the Star of David. Your recognition of this injustice, and your efforts to right this wrong, are greatly appreciated by the Jewish community of this country and, indeed, worldwide."

### Molly Borenstein to be honored

Mrs. Molly Borenstein, a longtime worker on behalf of Jewish life in our city will be honored at a tea on Sunday, January 10, 1993 at 2:00 p.m. at Machzikei Hadas Synagogue. For further information please call Brenda Caplan at 722-0858 or Shelley Sarna at 737-5006.

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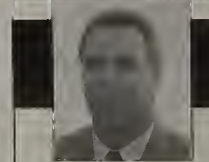
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Mazel Tov to Ricki and Barry Baker on Jonathan's graduation by Linda, Archie, Lisa and Jayme Cogan.  
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(Continued next page)

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**DAVID AND FREDA RADNOFF FUND**  
Best wishes to my daughter-in-law Jeanette Radnoff on her birthday by Mom Radnoff.

**HERMAN AND ZELDA ROODMAN FUND**  
In memory of Gracie Cohen by Zelda and Herman Roodman.  
Best wishes to Thomas Sachs on his very special birthday by Zelda and Herman Roodman.  
In memory of Jack Winter by Zelda and Herman Roodman.

In memory of Florence Kizell by Zelda and Herman Roodman.

**SYLVIA AND LOUIS RUBIN FUND**  
Best wishes to Luigi Palmas for continued good health by Louis Rubin and Bill Raymond.

**ISSIE AND MINNIE SANDLER MEMORIAL FUND**  
Best wishes to Linda Smith on her special birthday by Minnie and Mutt Greenberg.

**HARRY AND FRANCES SAXE FUND**  
Mazal Tov to Rabbi Arnold Fine on being named J.N.F. Honoree for 1992 by Frances and Harry Saxe.

**DR. NATHAN AND TESSE SCHECTER FUND**  
In memory of Esther and Morton Friedman's brother by Tesse and Nat Schechter.

**CHARLES AND EVA SECTER MEMORIAL FUND**  
In memory of Eva Seeter by Anne Mirsky.

**CECIL AND FLORENCE SHINDER FUND**  
In memory of Israel Cohen by Florence and Cecil Shinder.  
Thinking of Sandy Segal and wishing her a r'fuah sh'lemah by Florence and Cecil Shinder.

**HARRY AND SYLVIA SHINDER MEMORIAL FUND**  
Mazal Tov to Tom Sachs on his very special birthday by Ethel and David Matek.

**DAVID SHORESH MEMORIAL FUND**  
In memory of Joseph O'Hara by Tina Lloyd and Joshua Shores.  
In loving memory of David by Tina Lloyd and Joshua Shores.

**BESSIE AND ABRAHAM SHUSTER MEMORIAL FUND**  
Congratulations to Cynthia Engel on a job well done by Earl  
(Continued next page)

## In Appreciation

My sincere thanks to the many friends for their kind support and generous contributions made in memory of my dear brother Norbert Gross.

Rose Wald

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and Jonathan Cooperman.  
Best wishes to Brian Noy on his Bar Mitzvah by Earl and Jonathan Cooperman.

**MOE AND CHARLOTTE SLACK FUND**

Best wishes to Thomas Sachs on his very special birthday by Charlotte Slack.

**SLIPACOFF FAMILY ENDOWMENT FUND**

Best wishes to Charles Slipacoff for continued good health by Elsa and Norman Swedko.

Best wishes to Rena Slipacoff on her birthday by Freda Radnoff.

**JACK AND LINDA SMITH FUND**

Best wishes to Linda Smith on her special birthday by Eileen and Ben Goldberg; by Blanche and Joe Osterer; by Jean and Max Naemark; by Leah and Bob Gensher; by Elsa and Norman Swedko; by Hennie and Lou Honigman; by Rose and Chick Taylor; by Sue and Phil Bronsther; by Leona and Label Silver; by Shirley and Gordon Viner; by Marcia and Harold Sachs; by Geri and Sid Goldstein; by Ibbie and Rossie Rose; by Elaine and Irving Singer; by Jean and Joe Lichtenstein; by Judy and Norman Tenenbaum; by Sandy and Moe Segal; and by Rose and Moe Litwack.

**SOVIET JEWRY ENDOWMENT FUND**

In memory of Joseph Tanenbaum by Alti and Berei Rodal.

**BEATRICE AND NORMAN STEIN FUND**

Best wishes to Tom Sachs on his very special birthday by Beatrice Stein.

Best wishes to Mr. and Mrs. Nat Cayne on their 50th wedding anniversary by Libby Shore.

**LOUIS AND LEAH STEINBERG MEMORIAL FUND**

In observance of the Yartzheit of a beloved father, Louis Steinberg, 6 Tevet by Claire Kevanstein.

**FREDA AND PHIL SWEDKO MEMORIAL FUND**

Best wishes to Helen Zawalsky for continued good health by Elsa, Norman, Peter and Stacey Swedko.

Best wishes to Irv Nisky for a speedy recovery by Elsa, Norman, Peter and Stacey Swedko.

In memory of Sydney Trainoff by Elsa, Norman, Peter and Stacey Swedko.

**CASEY AND BESS SWEDLOVE FUND**

Best wishes to Tom Sachs on his 100th birthday by Bess and Casey Swedlove.

**RACHEL AND ZELIG SWEDLOVE MEMORIAL FUND**

In memory of Florence Kizell by Ruth and John Swedlove-Barron.

In memory of Grete Cohen by Ruth and John Swedlove-Barron.

**ARCHIE AND LILLIAN TALLER FUND**

Wishing Sandy Segal well by Lillian and Archie Taller.

Best wishes to Evelyn and Maurice Young on their 50th wedding anniversary by Lillian and Archie Taller.

**JAY B. TALLER MEMORIAL FUND**

In memory of Mr. A. Lewis by Sally and Morton Taller.

In memory of Nachman Sokol by Sally and Morton Taller.

**CHARLES AND ROSE TAYLOR FUND**

Best wishes to Tom Sachs on his very special birthday by Rose and Chick Taylor.

**ETHEL AND IRVING TAYLOR FUND**

Best wishes to Linda Smith on her special birthday by Ethel and Irving Taylor.

Best wishes to Tom Sachs on his very special birthday by Ethel and Irving Taylor.

In memory of Eva Selter by Ethel and Irving Taylor.

Best wishes to Bobby Bodnoff for continued good health by Rose, Chick, Ethel and Irving Taylor.

**MOSES, CHENYA AND HENRY TORONTOW MEMORIAL FUND**

Best wishes to Max Naemark on his birthday by Bea, Jerry, Cathy, Alan and Elaine Torontow.

In observance of the Yartzheit of a beloved father and grandfather Moses Torontow by

Jean and Max Naemark and family.

**STEPHEN AND GAIL VICTOR FUND**

In memory of Mindy Pilon's mother by Gail and Stephen Victor.

**SONIA AND ARTHUR VINER FUND**

In observance of the Yartzheit of a dear mother Freda Viner by Terry and Milton Viner.

**JOSEPH AND SONIA WEINSTEIN MEMORIAL FUND**

Mazel Tov to David and Lottie Molot on their 50th wedding anniversary by Yetta and Larry Arron.

Best wishes to Sid Litwack for continued good health by Yetta and Larry Arron.

Best wishes to Mr. and Mrs. Ab Flatt on their 35th wedding anniversary by Yetta and Larry Arron.

**HYMIE WHITZMAN MEMORIAL FUND**

Best wishes to Judie Ross for a speedy recovery by Marcia and Dwight Hubley.

**SAM AND HELENE ZARET FUND**

Best wishes to Dr. Syd Kronick on his birthday by Helene Zaret.

Best wishes to Mrs. Jack Sadoff on her special birthday by Helene Zaret.

**NATHAN, DAVID AND MAX ZELIKOVITZ FAMILIES FUND**

In memory of Rosabelle

Herscovitch's mother Freda by Marlene Burack; and by Judy and Larry Schneiderman.

Contributions may be made by phoning Howard Goldberg at 232-7306, Monday to Friday 10-4. Attractive cards are sent to convey the appropriate sentiments. All donations are acknowledged with an official receipt for income tax purposes. WE ACCEPT VISA.

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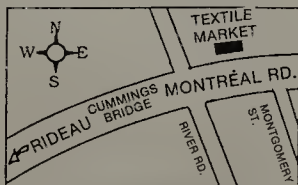
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## Community Calendar

The following information is taken from the community calendar maintained by the Women's Federation of the Jewish Community Council. Organizations who would like their events to be listed, no matter where they are to be held, should make sure they are recorded by advising Howard Goldberg, Calendar Co-ordinator at 232-7306 between 10 a.m. and 4 p.m. Accurate details must be provided on the Community Calendar Organization Forms sent to every communal organization.

### Monday, December 14

Jewish Community Centre Golden Age Club Meeting, Guest Speaker: Rabbi I. Tanenbaum: "Women and Judaism In The 21st Century", Jewish Community Centre, 151 Chapel Street, 1:00 p.m.

### Tuesday, December 15

Jewish Community Centre Drop-In Diner, Jewish Community Centre, 151 Chapel Street, 12:00 p.m. - 1:30 p.m.

### Wednesday, December 16

Jewish Community Centre Chess Club, Jewish Community Centre, 151 Chapel Street, 7:00 p.m.

### Thursday, December 17

Jewish Community Centre and Jewish Family Services "Adults for Lively Leisure" Luncheon, Agudath Israel Synagogue, 1400 Coldrey Avenue, 12:30 p.m.

### Friday, December 18

Machzikai Hadas Synagogue and Beth Shalom Synagogue Joint Chanukah Dinner and Dance, Machzikai Hadas Synagogue, 2310 Virginia Drive, 7:30 p.m.

### Saturday, December 19

Beth Shalom Synagogue Chanukah Party, Jewish Community Centre, 151 Chapel Street, 4:00 p.m.

Machzikai Hadas Sisterhood Family Chanukah Party, Machzikai Hadas Synagogue, 2310 Virginia Drive, 4:30 p.m.

### Sunday, December 20

Jewish Community Centre Golden Age Club Chanukah Luncheon, Jewish Community Centre, 151 Chapel Street, 12:30 p.m.

### Monday, December 21

Jewish Community Centre Drop-In Diner, Jewish Community Centre, 151 Chapel Street, 12:00 - 1:30 p.m.

### Tuesday, December 22

Jewish Community Centre Chess Club, Jewish Community Centre, 151 Chapel Street, 7:00 p.m.

### Wednesday, December 23

Jewish Community Centre Golden Age Club Meeting and Exercise Workshop, Jewish Community Centre, 151 Chapel Street, 1:00 p.m.

### Thursday, December 24

Jewish Community Centre Drop-In Diner, Jewish Community Centre, 151 Chapel Street, 12:00 - 1:30 p.m.

### Friday, December 25

Jewish Community Centre Chess Club, Jewish Community Centre, 151 Chapel Street, 7:00 p.m.

### NEW YEARS DAY BUILDING CLOSED

### Monday, January 4

Jewish Community Centre Golden Age Club Meeting, 151 Chapel Street, 1:00 p.m.

### Tuesday, January 5

Jewish Community Centre Drop-In Diner, Jewish Community Centre, 151 Chapel Street, 12:00 - 1:30 p.m.

### Wednesday, January 6

Jewish Community Centre Chess Club, Jewish Community Centre, 151 Chapel Street, 7:00 p.m.

### Thursday, January 7

Jewish Community Centre Golden Age Club Luncheon and Bingo, Jewish Community Centre, 151 Chapel Street, 12:30 p.m.

### Friday, January 8

Jewish Community Centre Drop-In Diner, Jewish Community Centre, 151 Chapel Street, 12:00 - 1:30 p.m.

Jewish Community Council Shalom Welcome Party, Jewish Community Centre, 151 Chapel Street, 7:30 p.m.

O.R.T. Chavot Chapter Meeting, Home of Beatrice Phomin, 314 Lanark Avenue, 7:30 p.m.

### Saturday, January 9

Jewish Community Centre Chess Club, Jewish Community Centre, 151 Chapel Street, 7:00 p.m.

### Bulletin Deadlines

Wednesday, December 30  
for January 15 issue

Wednesday, January 13  
for January 29 issue

Wednesday, February 3  
for February 19 issue



Lillian Zunder



Rhoda Zinman

## Annual Tu Bi Shevat Telethon — January 31

Rhoda Zinman and Lillian Zunder will co-chair the JNF Tu Bi Shevat Telethon to be held on Sunday, January 31, 1993.

Both active community members, they bring to their task a varied background in fundraising and leadership.

A past president of Chana Szenes Group Na'amat and treasurer of Na'amat Ottawa, Lillian Zunder has also held cabinet positions for UJA. Last year she was the co-convenor of the Machzikai Hadas Strawberry Tea.

Rhoda Zinman has been actively involved in B'nai Brith and N.C.J.W. and has held cabinet positions for UJA.

Both are anticipating a very successful Telethon year because they know that the community will respond to the urgent need for funds for the Jewish National Fund to continue its vital work in Israel.

The JNF enhances the quality of life in Israel through afforestation: it prepares the infrastructure for the development of new villages; it reclaims the land and conserves the water supply by building reservoirs; welcomes "olim" by beautifying new neighbourhoods; and brings ecology back to life.

Tu Bi Shevat, "The New Year of the Trees" is traditionally celebrated by the mass planting of trees in Israel. In Ottawa, individuals can symbolically join in this planting and reaffirm their direct connection with the State of Israel by purchasing trees for Tu Bi Shevat.

The telethon will be held at the offices of Loeb Corporate Headquarters courtesy of Norman Lech. For more information and to volunteer as a canvasser for the Telethon, please call the JNF office at 230-9047.

## Hadassah-WIZO is Looking for Memorabilia

In honour of the 75th Anniversary of Canadian Hadassah-WIZO, the Ottawa Section is preparing to celebrate the event with a Diamond Jubilee Luncheon to be held on Sunday, June 13, 1993 at Agudath Israel Synagogue.

An enthusiastic committee is collecting photographs, invitations, programmes, newspaper clippings and other memorabilia of Hadassah-WIZO at the chapter, council and national levels. In addition it would also like stories, anecdotes about Hadassah-WIZO events and recollections of the early days of the organization.

If you, or a member of your family have any information which could be helpful we would like to hear from you. Please contact Terry Schwarzfeld 733-

9574, Esther Bilsky 232-7024 or the Ottawa Hadassah-WIZO office at 728-3784 or write to Ottawa Hadassah-WIZO at 1568 Carling Ave #24, Ottawa, K1Z 7M4. We are most anxious to hear from you.



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## SHALOM OTTAWA

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Thursday, December 24, 2:00 p.m.

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- Jory Steinberg
- Making Chocolate Chanukah Gelt
- An Interview with Mayor Jacqueline Holzman

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